

While applicable federally, the annotations that will be embraced, applied, and enforced are from the Health COMARs as the board was filed first in Maryland.

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### **10.65.03.00.**

.00 Title

DEPARTMENT OF HEALTH Subtitle 65 BOARD OF CSL THERAPY Chapter 03 Code of Ethics  
Authority: CSL Therapy Occupations

Articles referenced, §1-212, 6-102, 6-206, and 6-308, Annotated Code.

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### **10.65.03.01**

.01 Scope.

This chapter applies to licensed CSL providers and registered practitioners.

The scope of practice for CSL Therapists has three components: professional, jurisdictional, and personal.

The professional scope of practice is grounded in the profession's unique body of knowledge, supported by educational preparation, based on a body of evidence, and linked to existing or emerging practice frameworks.

The jurisdictional (i.e., legal) scope of practice is established by a state's practice act governing the specific CSL Therapist's license, and the rules adopted pursuant to that act.

Personal scope of practice consists of activities for which an individual CSL Therapist is educated and trained and their competence to perform.

#### **A. iMedic**

Assist clients after surgery [in PPE compliant settings]; provide manual manipulation mobilizing soft tissue— which includes skin, fascia, T-interstitium fluid, muscles, tendons, and ligaments from Day 1 postOp to Day 7 postOp to trauma dermal tissue using topical anti inflammatory oils and creams and conducting gels, working with active incisions manually expelling fluid following PPE care and CSL Therapy sanitation protocols disposing of biohazard materials properly; clients are to be fully clothed during non-treatment interactions and in disposable garments during treatments; only uses Class 1 CSL devices on clients during treatment; may offer CSL

direct complication diagnosis and prognosis not to identify any conditions outside of CSL Therapy complications— all other presentations are to be referred out. Incisions are not to be reopened by an iMedic past day 7. They specialize in moving fluid through the system, fundamental client education, early phases of compression, dressing maintenance, surgical drain care, lifestyle shifts, and supplemental directives. Treatments may include KT tape method applications using non-sports tape adhesive strips. Takes measurements, photos, and SOAP notes every client after every session maintaining good client records. Cannot provide PreOp massage treatments unless a licensed massage therapist with an active valid massage license and an advanced LANA approved lymphatic massage training certificate. May not treat wounds or burns from basic dressing; may not manipulate osseous tissue; may not perform any duties or treatments above licensure level without having additional licenses to substantiate. Cannot work on clients after day 7 postOp; they must see someone who is also licensed in PostOp-Indur. May not remove drains, stitches, or sutures.

#### B. POI Clinician

Performs all duties, tasks, and skills of iMedic; also performs PostOp-Indur treatments using body braille to build customized protocols for clients using CSL Therapy Class 1 & 2 approved tools, equipment, and machines to help clients body's return to homeostasis and achieve desired body goals after cosmetic and plastic surgery clients; also uses CSL Therapy hand techniques to carve, sculpt, and mold tissue as inflammation recedes. Encourage lymphatic system reabsorption while sculpting clients tissue. The POI scope is 20% machines and 80% hand manipulation treatments that shall include effleurage, petrissage, tapotement, compression, vibration, stretching, heliotherapy, superficial hot and cold applications, topical applications, or other therapy which involves movement either by hand, wrist, or forearm for the purpose of inflammation remission. POI Clinicians may break the dermal plane to aspirate a seroma and to use microdermabrasion roller on client for skin retraction. May strip drains, offer drain management, and remove drains. May remove stitches and superficial sutures without digging into client's skin; stitching must be external and superficial. May include the external application and use of herbal or chemical preparations and lubricants such as salts, powders, liquids, nonprescription creams, and Class 2 mechanical devices. May include manual techniques applied with the intent to physically affect local collagenous connective tissues, such as pressure, friction, stroking, percussion, kneading, skin rolling, pushing, pulling, vibration, and adhesion assessment by palpation. May work on special populations in the elective community. May not use Class 3 devices. May not reopen incisions. May not perform work on nonsurgical clients. May not prescribe drugs; may not prescribe supplements but can suggest clients have a discussion with their doctor about suggested supplements.

#### C. Body Contouring Therapist

Provides body altering aesthetic treatments to non trauma soft tissue to minimize localized adipose tissue in focal areas, reduce stretch mark presentation, reduce cellulite and breakdown myofascial constraints. Used positive and negative compression, natural dermal biohacking, and natural tissue remodeling responses to manipulate skin presentations, increasing and

decreasing body presentations to help meet clients desired body goals. The Body Contouring (BC) Therapist scope is 80% machines and 20% hand manipulation treatments that shall include effleurage, petrissage, tapotement, compression, vibration, stretching, heliotherapy, superficial hot and cold applications, topical applications, or other therapy which involves movement either by hand, wrist, or forearm for the purpose of inflammation remission. BC Therapists may break the dermal plane only to use microdermabrasion roller on client for skin retraction; unless they have an additional complimenting supplemental license to support working out of CSL Therapy BC Therapist scope of practice. Provides advice for body-skin care and at home self massage routines. May include the external application and use of herbal or chemical preparations and lubricants such as salts, powders, liquids, nonprescription creams, and Class 1-3 mechanical devices. May include manual techniques applied with the intent to physically affect local collagenous connective tissues, such as pressure, friction, stroking, percussion, kneading, skin rolling, pushing, pulling, vibration, and adhesion assessment by palpation. May work on special populations in the elective community. May not reopen incisions. May not perform work on surgical or postOp-indur clients; by definition, clients having had surgery that are day 1- week 8 postOp are not allowed to receive body contouring treatments— BC Therapists may work on cosmetic and PostOp-indur clients after they transition to Body Contouring at the earliest being week 8 postOp. May not prescribe drugs; may not prescribe supplements but can suggest clients have a discussion with their PCP about suggested supplements. The following are not included in the scope of Body Contouring practice: Colonic irrigation and other methods of internal hydrotherapy; depilation, waxing, extractions, and electrolysis; cosmetology, nursing, phlebotomy, or dermatology. May not work on Advanced Trauma dolls (those who have had medically necessary procedures) until the client is at least 3 months removed from their medically necessary procedure. May not use hyaluron pen or any airless injectors. May not work on face aside from simple face slimming techniques using wood therapy, jade scrapers, CSL Class 1 facial devices, thermal stones, warm towels. No masks or peels may be applied to the face unless you have an Esthetics or Cosmetology license that supports this extended scope of practice.

#### D. CSL Specialist

May perform duties of an iMedic, a POI Clinician, and a Body Contouring Therapist. Having POI training, Specialists may also do Body Contouring on clients that HAVE had surgery before. 10.65.03.01§A-C are the scope of practice for a CSL Specialist.

#### E. BAA Master: (Body Contouring & Advanced Body Aesthetic Traumas)

Scope of practice includes the abilities, duties, & limits of 10.65.03.01§C and may also provide treatment for Special Elective populations including Bariatric/weightloss surgery clients, Fibroid Removal clients, Postpartum clients, C-Section clients, Hysterectomy, Mastectomy, and Body lifts/skin removal clients. Treatments are in alignment with surgeon recommendations. BAA Masters provide competent and comprehensive compression training to support internal trauma responses. Educates clients on safe at home self massage routines, body skin care, and safe

hydration. Creates custom protocols using machines with a heightened focus on contraindications and client limitations.

#### F. PS Wound Care Specialist

Specialist of wound care needs, treatments, and best practices but specifically for the plastic surgery and the body altering aesthetics industry. Abides by state practice acts, regulations, and laws established within the state/states of licensure, and facility or agency-based credentialing and privileging requirements to prescribe medications, order tests and treatments, and make necessary referrals. As a leader, provides oversight, assistance and guidance to clients other CSL support team of clients interdisciplinary wound care to establish and provide a comprehensive approach to wound management that promotes optimum outcomes. May prescribe medications, drugs, and prescriptions as needed within current medical licensure limits. May treat clients virtually or in-person. May refer clients to wound care centers. May use light short palpating strokes to see how tissue responds. May use needles, warm towels, syringes, and other materials needed to treat wounds. May dress wounds, incisions, strip drainage tube, offer drain maintenance, remove drains, & apply KT Tape. May provide debridement as needed. Independently, or in collaboration with other interdisciplinary wound care members, develops and implements wound prevention, skin management, and wound treatment programs and provides corresponding education to patients, family members/caregivers, and facility/agency staff. Collaborates with other wound care professionals as needed to promote research and assess findings to establish updated, relevant approaches to improve wound prevention and wound care practices. May remove stitches and sutures. May not stitch wounds unless in possession of a license that supports this action. May not provide massage, manual manipulation, or any CSL Therapy treatments unless dually licensed to do so.

#### G. Pre & PeriOp Vitae Maven

Works with the interdisciplinary team to educate patients, family members/caregivers, and facility/agency staff regarding preventative measures, interventions, and individualized patient treatment plans for upcoming plastic surgery journeys. Assesses and makes recommendations for support surface selection. May not diagnose, prognose, or prescribe medications. May make supplemental recommendations for upcoming procedure(s) but in accordance with clients PCP approval. May verbally prep clients up to and through the PeriOp period. Provides and reinforces education, consistent with therapy-related aspects of the individualized care plan. Collaborates with other CSL care team members, politicians, and the general public to promote agency quality improvement. May not provide any treatments unless licensed to do so.

#### H. Doyenne

Founding providers that know and are able to educate on scope-of-practice techniques listed in 10.65.03.01§A-G. Doyennes are educators only; performing these techniques for clientele profit are out of scope of practice. However, these techniques may be performed during trainings, talks, conferences, seminars, research studies, and political presentations.

## I. Class of Devices

### a. Class 1 tools, equipment, and machines

- i. Therapeutic Ultrasound
- ii. Vibrating plate
- iii. Infrared lamp/light/mat
- iv. Handheld infrared device
- v. Handheld blue light therapy
- vi. Pressotherapy
- vii. Dry brush
- viii. Handheld thermometer
- ix. Blood pressure cuff (wrist)
- x. Jade roller
- xi. Acupressure Lymphatic mat and half Bolster
- xii. Cold roller
- xiii. Cooling stick
- xiv. ice-cold mats
- xv. Handheld massager
- xvi. Hyperbaric chamber
- xvii. Steamer
- xviii. Measuring tape
- xix. Thermal belt
- xx. KT Tape
- xxi. Thermal stones
- xxii. Cold vest
- xxiii. Chin massager
- xxiv. Vibrating
- xxv. Gaston/scraping tools

### b. Class 2 tools, equipment, and machines

- i. Sauna Blanket
- ii. Infrared Misting Dome
- iii. G5, low level percussive technology
- iv. Heliotherapy devices
- v. Endermologie
- vi. Shockwave
- vii. Radiofrequency
- viii. Cavitation
- ix. Oscillation devices
- x. Handheld guasha
- xi. Silicone suction cups
- xii. Glass suction cups
- xiii. Wooden tools
- xiv. MicroDermabrasion roller
- xv. Acupressure roller

- xvi. Osmotic wrap
  - xvii. Yesotherapy
  - xviii. Metal massage/carving tools
  - c. Class 3
    - i. Multifunctional “& + 1” machines
    - ii. Cellulite reduction tool
    - iii. Vacuum therapy
    - iv. Gluteal enhancement butt vacuum therapy
    - v. Velashape
    - vi. Laser Lipo
    - vii. Cool sculpting
    - viii. HIFU machines
    - ix. Emsculpt
    - x. TENs machine/devices
    - xi. Vacuum treadmill body shaper
    - xii. 5D body contouring wand
    - xiii. Pelvic toning seat
    - xiv. 6d cold laser lipo
    - xv. Vanquish
    - xvi. Portable liposonix
    - xvii. Skin Sculptor
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## **10.65.03.02**

.02 Definitions.

A. In this chapter, the following terms have the meanings indicated.

B. Terms Defined.

(1) "License holder" means an individual who is licensed by the Board to practice CSL therapy.

(2) “Non bona fide treatment” means when a license holder or registration holder treats or examines a client in a way that involves contact, but there is no therapeutic reason for the treatment, the procedure falls outside of reasonable CSL therapy, or treatment applied within the Body Altering Aesthetics industry is administered by someone who is not a license holder.

(3) “Registration holder” means an individual who is licensed to provide CSL Therapy treatments and is also has been administered a document from the Board to practice postop-indur therapy in a setting that is not a controlled health care setting, but is in PPE compliance.

(4) "Sexually exploitative relationship" means when sexual contact occurs in an existing therapeutic relationship between the CSL therapist and the client or between the instructor and the student, or within a period of time after formal termination of the therapeutic or instructor-student relationship where the client or student may still be vulnerable to the power imbalance that exists in the relationship between the license holder or the registration holder and the client or student, even if the relationship may appear to be mutually consensual.

(5) "Therapeutic deception" means when a license holder or registration holder misrepresents their skillset as a legitimate form of treatment or instruction to a client or a student.

A. In this chapter, the following terms have the meanings indicated.

B. Terms Defined.

(1) "Board" means the American Federal Board of CSL Therapy & Body Contouring .

(2) "Health care setting" has the meaning stated in Health-Occupations Article, §6–101(c), Annotated Code. It is defined to be a General Hospital, Specialized Hospital, District/first-level referral hospital, & Primary health-care center.

(3) "License" means the document issued by the Board to an individual qualified to practice CSL Therapy.

(4) "CSL iMedic" means provider is licensed [and registered] to work on clients with active incisions; an individual who is registered by the Board to practice CSL therapy with a focus on Incisional manipulation only, in a setting that is in PPE compliance as defined by these COREMs in section 10.65.03.02§17.

(5) "CSL POI Clinician" means the provider is licensed by the Board to specialize in all CSL iMedic modalities as well as to assist clients who are day 8- week 8 competently; an individual that is registered and licensed with the Board with a focus on Incisional manipulation & postOp-indur in a setting that is not a health care setting but is in PPE compliance as defined by these COREMs in section 10.65.03.02§17.

(6) "Body Contouring Therapist" means the provider is licensed to conduct noninvasive body altering treatments to NonSurgical Body Contouring treatments to clients who haven't had surgery in the last 10 years as defined by these COREMs in section 10.65.03.02§16.

(7) "CSL Specialist" means the provider is licensed [and registered] versed in all three core CSL Therapy modalities: iMedic, POI Clinician, and Body Contouring Therapist.

(8) "BAA Master" (Body Contouring & Advanced Body Aesthetic Traumas) means the provider meets all Body Contouring Therapy prerequisites, is licensed to work with PostOp-Indur clients

that are at least 8 weeks postOp and is dually versed in Advanced Body Aesthetic Traumas inclusive of:

- Bariatric/weightloss surgery
- Fibroid Removal
- Postpartum
- C-Section
- Hysterectomy
- Mastectomy
- Body lifts/skin removal

(9) "PS Wound Care Specialist" means a licensed specialist of wound care needs, treatments, and best practices but specifically for the plastic surgery and body altering aesthetics industry.

(10) "Doyenne" is a Founding provider that knows all CSL Therapies

(11) CSL Therapy...

(a) "CSL therapy" is an acronym for COSMETIC SELF LOVE; External manipulation of cellular waste through the human body after trauma based exposure such as but not limited to car accidents, stress, dramatic weight loss/gain, cosmetic surgery procedures expelling lymph, toxins, and free radicals due to compromised natural systems resulting in a buildup of fluids and blocked nodes where hands & hand techniques (skin rolling, pushing, pulling, scraping, and chiseling), external tools, and body contouring equipment incorporated with lifestyle metabolic adjustments are implemented to aid in homeostasis.

(b) "CSL therapy" includes massage, aesthetics, wound care, and synonyms or derivatives of these terms, with or with the aid of:

(i) thermal tools (hot & cold, rollers, mats)

(ii) topical applications; or

(iii) approved tools listed on supplemental list

(iii) approved equipment listed on supplemental list

(c) "CSL therapy" does not include the:

(i) Diagnosis or treatment of illness, disease, or injury;

(ii) Adjustment, manipulation, or mobilization of any of the articulations of the osseous structures of the body or spine; or



(iii) Laying on of hands, consisting of pressure or movement, with the exception of such techniques described in §B(6)(a) of this regulation on a fully clothed individual to specifically affect the electromagnetic energy or energetic field of the human body.

(12) "CSL therapy education program" means a course of study that prepares individuals in subjects related to the knowledge, techniques, skills, and abilities used in the practice of CSL therapy.

(13) "Practice CSL therapy" means to engage professionally and for compensation in incisional, postOp therapy, and body contouring treatments.

(14) "incisional" means safe handling of bodily fluids from surgery orifices.

(15) "postOp-indur" means treating a client's body systemically after surgery be it elective or medical to aid the body in returning to homeostasis using approved tools, hand techniques for 80% of their treatment, and machines 20% of their treatment in a setting that may not be in a health care setting, but is in PPE compliance as defined by these COREMs in section 10.65.03.02§17.

(16) "body contouring" means reducing fat, cellulite, loose skin, & postOperative complications with approved tools, hand techniques for 20% of their treatment, and approved machines for 80% of their treatment in a setting that may not be in a health care setting but is in PPE compliance as defined by these COREMs in section 10.65.03.02§17.

(17) "PPE complied health setting" means the treatment area is sanitized, hygienically sound with aerosol pretreatment spray, chux padding laid for drainage; provides privacy and confidentiality, proper provider coverage worn to minimize exposure to hazards that cause serious workplace injuries and illnesses. These injuries and illnesses may result from contact with chemical, radiological, physical, electrical, mechanical, or other workplace hazards. Personal protective equipment includes items such as gloves, masks, disposable vests and or full body disposable suits.

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### **10.65.03.03**

#### **.03 Types of Licensure, Certification, and Registration**

(1) P&P Vitae maven certification: for Pre and Peri Vitae consultants after meeting identified requirements for those trained to give proper CSL Therapy coaching to clients starting their cosmetic self love journey

(2) CSL iMedic license: a license granted to perform Incisional only treatments to providers after meeting identified requirements

(3) CSL POI Clinician license: a license granted to perform Incisional & PostOp-Indur treatments to providers after meeting identified requirements

(4) Body Contouring Therapist license: a license granted to perform Non Surgical Body Contouring as defined in 10.65.03.02§16 treatments to providers after meeting identified requirements

(5) CSL Specialist license: a license granted to perform all three Core CSL Therapy modalities as defined in 10.65.03.02§14-16 to providers after meeting identified requirements

(6) BAA Master license: license granted to perform Non Surgical Body Contouring, PostOp-Indur Body Contouring and Advanced Body Aesthetic Traumas as defined in 10.65.03.02§8 to providers after meeting identified requirements

(7) PS Wound Care Specialist license: a license granted to LPNs, RNs, NPs, current wound care specialists, and Physicians [including internal medicine, general surgery, vascular surgery, plastic surgery, emergency medicine, and family medicine] to provide CSL Therapy wound care and advice to clients after Plastic Surgery who have met identified requirements

(8) Doyenne license: a license granted to founding providers who are fluent in all CSL Therapies

(9) Recovery Home License...

- a. Signature RHL: a license granted to applicants that have met the requirements for a small Recovery House ownership
- b. Palatial RHL: a license granted to applicants that have met the requirements for a large Recovery House ownership

(10) Precis Certification: a certification given to anyone that takes and passes the CSL Therapy Precis course, a CSL org summary overview

(11) CSL PPE Compliance registration: a registration given to those who have met the identified requirements to create PPE safe environments in non-healthcare settings

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#### **10.65.03.04**

.04 Licensure or Registration Required; Exceptions.

An individual shall be licensed by the Board in order to practice CSL therapy, except for the following:

A. A student still enrolled in an approved vocational education program as determined by the Board while performing CSL therapy in the program;

B. An individual who:

(1) Practices CSL therapy in a Board-approved, recognized school with an active teaching license in good standing;

(2) Is seeking to practice in America exclusively with a visiting organization or school for not more than 7 consecutive days and not to exceed 30 days per calendar year; and

(3) Submits a timely request by application in accordance with Board procedures to be able to practice and perform CSL Therapy techniques for a legitimate reason;

C. A family member performing CSL therapy on another family member without compensation;

D. An individual employed by the federal government to practice CSL therapy while practicing within the scope of the individual's employment; or

E. A licensed cosmetologist or esthetician who:

(1) Operates a beauty salon;

(2) Has obtained a permit from the State Board of Cosmetology in their state as required under Business Occupations and Professions Article, §5-501, Annotated Code; and

(3) Limits their practice to:

(a) Being within the scope of a license issued by the State Board of Cosmetology; and

(b) The application and removal of skin products, not including full massage or CSL therapy treatments (ie, a client who needs KT tape removed).

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### **10.65.03.05**

.05 Inception Period

(1) There will be a one time Inception Period to institute CSL Therapy testing and licensing plans.

The CSL Inception period will last 24 months, beginning one month after the Federal Board is approved. During this time applicants may “come as they are” with their current licenses and certifications.

Only those individuals who apply during the Inception Period will be grandfathered into CSL Therapy.

(2) Qualifications for being grandfathered in,

In lieu of testing includes:

- a. Possessing a valid healthcare license that is in good standing.
- b. Possessing a valid business license that is in good standing
- c. Being in compliance with current individual state laws and regulations that govern respective industries.

(3) After inception period

At the close of the Inception Period, [DATE 24 months post Inception], new applicants who wish to become a CSL Therapist will be required to:

- a. Receive a passing score on the CSL Therapy competency exam.
- b. Attend CSL Therapy school, receiving a passing GPA.

(4) In concurrence during the Inception Period, everyone that does not apply to be grandfathered in will be required to enroll in an American Council of Body Altering Aesthetics approved CSL Therapy vocational program for their desired modality, or start the process to meet the identified requirements for their desired licensure. Obtaining a CSL Precis certification ONLY and no other training or programs is only satisfactory for those who will work in ancillary positions.

(5) Those that do not apply for the Inception Period Grandfathering or enroll in an approved CSL Therapy program will have 3 months from the start of the Inception Period to cease performing treatments.

(6) The Inception Period Grandfathering will not apply to applicants for Pre & Peri-Op Vitae, CSL Therapy Wound Care, Recovery Home ownership, or the CSL Precis.

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### **10.65.03.06**

.06 Application for Licensure or Registration.

A. An applicant vying for a Grandfathered license to practice a Core CSL Therapy modality during the inception period shall:

(1) Complete the application provided by the Board;

- (2) Pay the application fee as specified in COREM 10.65.07;
  - (3) Submit two recent 2 inch by 2 inch passport type photographs on a solid white background of the applicant;
  - (4) Submit a completed criminal background check;
  - (5) Provide evidence that the applicant is:
    - a. Of good moral character; and
    - b. 18 years old or older;
  - (6) Pass the Federal CSL Therapy IPIB Examination for their desired modalities/modality, which is approved by the American Council of Body Altering Aesthetics, and administered by a Board approved testing center, with a score of at least 75 percent;
  - (7) Have sent results directly to the Board by the administering authorized proof of having passed a Board-approved examination;
- B. An applicant that is not vying for a Grandfathered license or certification but is applying to practice a Core CSL Therapy modality shall:
- (8) Enroll in a Board approved CSL Therapy educational program, school, or course series
    - a. Approved by the Board and the:
      - i. Maryland Higher Education Commission (MHEC); or
      - ii. Higher education commission, or comparable authority, of the state or country in which the applicant's school is located; and
    - b. And Either:
      - i. Accredited by the American Council of Body Altering Aesthetics; or
      - ii. Approved or accredited by an accrediting agency recognized by the United States Department of Education, with the instructors teaching CSL org related curriculum who are CSL licensed or registered in the instructors' state of residence;
  - (9) Provide documentation of having satisfactorily completed any additional Board identified criteria
  - (10) Fill out an application for a license and pass a background check
  - (11) Pay application fee and submit two recent 2 inch by 2 inch passport type photographs on a solid white background of the applicant;

(12) Provide evidence that the applicant is:

- c. Of good moral character; and
- d. 18 years old or older;

(13) Provide documentation of current certification in CPR at the Basic Life Support (BLS) level; and

(14) Pass the Federal CSL Therapy IPIB Examination for their desired modalities/modality, which is approved by the American Council of Body Altering Aesthetics, and administered by a Board approved testing center, with a score of at least 75 percent;

(15) Have sent results directly to the Board by the administering authorized proof of having passed a Board-approved examination;

(16) Have verification of status sent directly to the Board by the issuing state.

B. To comply with §B(8) of this regulation, an applicant for a license to practice CSL Therapy shall provide documentation of having graduated with at least 1000 hours of education in a Board-approved program for the study of CSL therapy that includes the following areas of content:

- (1) Anatomy, physiology, and kinesiology;
- (2) Massage theory, techniques, and practice;
- (3) Contraindications to massage therapy;
- (4) Professional ethics, laws;
- (5) Pathology, pathophysiology, communicable diseases;
- (6) Compression training, advanced lymphatic system training;
- (7) Tools, equipment, and machines;
- (8) Hygiene, sanitation, PPE, Wound care;
- (9) Special Populations; and
- (10) Research skills.

C. Applicants seeking...

- (1) Pre & PeriOp Vitae Maven certification

- 1.1 Meet CSL Therapy Pre & PeriOp Vitae Agency identified requirements
- 1.2 Take & pass CSL Precis course
- 1.3 Submit application and pay certificate fee

(2) Recovery Home Licensure

- 2.1 Take and pass Recovery Home Owner class
- 2.2 Take and pass CSL Therapy approved hemoglobin training
- 2.3 Submit a business plan for approval
- 2.4 Provide staffing proof for desired licensure level
- 2.5 Submit 3 letters of recommendation
- 2.6 Pass a Background check
- 2.7 Take and pass CSL Precis course
- 2.8 Submit application and pay fee for desired RHO licensure level
- 2.8 Comply with current ALF requirements of focal state

(3) PS Wound Care specialist

- 3.1 Meet CSL requirements identified in 10.65.03§7, providing proof of necessary pre-existing medical licensure
- 3.2 Take PS Wound care course
- 3.3 Submit application and pay fee for licensure

D. The Board may not issue a license or registration if the criminal history record information required under Health Occupations Article, §6-303(b), Annotated Code, has not been received; or if criminal history conflicts with state department of licensing and regulations.

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**10.65.03.07**

.07 Standards of Practice.

A. The license holder or registration holder shall be concerned primarily with the welfare of the client.

B. A license holder or registration holder who suffers from a physical, mental, or emotional impairment, including chemical abuse, which impacts the license holder's or registration holder's ability to practice CSL therapy, shall proactively seek professional treatment and shall refrain from the practice of CSL therapy until such time as the impairment no longer exists or reasonable accommodations can be made.

C. A license holder or registration holder shall:

- (1) Use professional discretion and integrity in relationships with members of the public and health care community;
- (2) Engage in professional conduct at all times, with honesty, integrity, self-respect, and fairness;
- (3) Remain free from conflict of interest while fulfilling the objectives and maintaining the integrity of the massage therapy profession;
- (4) Provide accurate fee information to the client, the individual responsible for payment for treatment, and the insurer;
- (5) At all times respect the client's dignity, autonomy, and privacy;
- (6) Practice CSL therapy only as defined in the scope of practice set out in 10.65.03.00;
- (7) Cooperate with any lawful investigation(s) conducted by the American Federal Board of PostOp CSL Therapy & Body Contouring Examiners, including:
  - (a) Furnishing information requested;
  - (b) Complying with a subpoena;
  - (c) Responding to a complaint at the request of the Board, Client Advocacy Agency, or any Health Regulatory Agency; and
  - (d) Providing meaningful and timely access to relevant client records;
- (8) Report to the American Federal Board of CSL Therapy & Body Contouring & AFBCBC Code enforcers, or other appropriate authority, conduct in the practice of CSL therapy that indicates a violation of:
  - (a) This chapter;
  - (b) Health Occupations Article, Title 6, Annotated Code; or
  - (c) Any other law, including but not limited to aiding or abetting the unauthorized practice of CSL therapy; and
- (9) Attempt to correct others who misrepresent the license holder's or registration holder's credentials, qualifications, education, or affiliations; or report them to the Board.

D. A license holder or registration holder may not:

- (1) Misrepresent professional credentials, qualifications, education, or affiliations;



(2) Knowingly engage in or condone behavior that:

- a. Is fraudulent;
- b. Is dishonest;
- c. Is deceitful; or
- d. Involves moral turpitude;

(3) Engage in a commercial activity that conflicts with the duties of a licensed CSL providers of any stature;

(4) Perform CSL therapy on a client if a contraindication against this treatment exists;

(5) Discriminate against a client or a health care provider based on race, religion, age, gender, sexual orientation, national origin, or disability; or

(6) Aid or abet any individual violating or attempting to violate any provision of law or regulation.

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**10.65.03.08**

.08 Relationship with Client.

A. A license holder or registration holder shall:

(1) Use professional judgment in the use of evaluation and treatment procedure;

(2) Decline to administer treatment when the treatment is contraindicated or unjustified;

(3) Terminate a professional relationship with a client in an appropriate manner, such as:

- a. Providing the client with sufficient notice to permit the client to obtain the services of another professional, providing them upon request with client's treatment records; or
- b. Assisting the client by providing referrals, if appropriate.
- c. Refraining from bashing client on social media

(4) Maintain legible, organized written records of treatment of any client under the care of the license holder or registration holder for at least 5 years after termination of treatment and as provided by applicable provisions of Health-General Article, Title 4, Subtitle 3, Annotated Code;

(5) Make the written records available to the client upon request, in compliance with applicable laws for disclosure of medical records;

(6) Make arrangements, referrals, or suggestions for another professional to provide for the needs of the clients during anticipated absences when not available to clients;

(7) Make referrals only to other qualified and duly licensed or certified health care providers or practitioners, or both;

(8) Accurately inform clients, other health care professionals, and the public of the limitations of CSL therapy;

(9) Adequately assess the client to determine if contraindications against CSL therapy exist and refer the client to an appropriate health care practitioner; and

(10) Exercise independent professional judgment in the treatment or evaluation, or both, of clients, regardless of whether the client was referred by another health care provider.

(11) Teach any CSL Therapy courses without being approved by the Board or the American Council of Body Altering Aesthetics.

B. A license holder or registration holder may not:

(1) Accept a client for treatment, or continue unnecessary treatment, when the client cannot be reasonably expected to benefit from the treatment;

(2) Receive remuneration from, or provide remuneration to, or split a fee with another health care provider or individual, or both, for either making or accepting a referral of the client to the health care provider or individual, or both;

(3) Make a guarantee or promise about the efficacy of a particular treatment, the license holder's or registration holder's practice, or the results of a treatment unless supported by scientific principles accepted by the profession as determined by the governing board; or

(4) Exploit the professional relationship by:

- a. Continuing treatment unnecessarily; or
- b. Charging for a service:
  - i. Not provided; or
  - ii. Different from those actually provided.
  - iii. That you are not licensed to perform
  - iv. Misappropriate treatments using predatory marketing

(5) Treat nude clients; all clients must have on some form of garments covering their genitals and mammary tissue (applicable only to women) at all times during treatments.

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### **10.65.03.09**

.09 Professional Boundaries.

A. A license holder or registration holder shall:

(1) Maintain professional boundaries, even when the client, staff member, or student initiates crossing the professional boundaries of the professional relationship; and

(2) Respect and maintain professional boundaries and respect the client's, staff member's, or student's reasonable expectation of professional conduct.

B. A license holder or registration holder may not:

(1) Exploit a relationship with a client, staff member, or student for the license holder's or registration holder's personal advantage, including, but not limited to, a personal, sexual, romantic, or financial relationship;

(2) Engage in a sexually intimate act with a client; or

(3) Engage in sexual misconduct that includes, but is not limited to:

- a. Therapeutic deception;
- b. Non bona fide treatment; or
- c. A sexually exploitative relationship.

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### **10.65.03.10**

.10 Records, Confidentiality, and Informed Consent.

A license holder or registration holder shall:

A. Respect and maintain the privacy and confidentiality of the client;

B. Disclose the client's record or information about the client only with the client's consent or as required by law;

C. Adequately safeguard confidential client information, including storage and disposal of records;

D. Provide sufficient information to a client to allow the client to make an informed decision regarding treatment, including:

- (1) The purpose or nature of an evaluation or treatment regimen;
  - (2) Alternatives to treatment;
  - (3) Side effects and benefits of a proposed treatment regimen and the alternatives to that treatment;
  - (4) The estimated cost of treatment and alternatives to treatment;
  - (5) The right of the client to withdraw from treatment at any time, including the risks associated with withdrawing from treatment; and
  - (6) The client's right to decline to participate in treatment if an aspect of the treatment will be recorded, documented, photographed, observed, or otherwise used in an educational program;
- E. Obtain the full informed consent of a client participating in a human research program, without a direct or implied penalty for the client's refusal to participate in the program, and with due regard for the client's autonomy and dignity;
- F. Comply with applicable federal and State laws for human research programs; and
- G. Comply with applicable provisions of Health-General Article, Title 4, Subtitle 3, Annotated Code

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**10.65.03.11**

.11 Education and Training.

A. A license holder, registration holder, or certificate holder shall:

- (1) Recognize the license holder's or registration holder's limitations and qualifications and practice CSL Therapy within the limits of these limitations and qualifications;
- (2) Obtain additional training, information, and supervision as needed to perform any new technique or service in a new specialty area or when employing a new treatment modality that falls outside of their licensed training but is still within scope of practice for selected licensure; and
- (3) Maintain a current license or registration to practice CSL therapy.

B. The license holder, registration holder, or certificate holder may not perform a treatment or provide a service which:

(1) The license holder or registration holder is not qualified to perform; or

(2) Is beyond the scope of the license holder's or registration holder's education, training, capabilities, experience, and scope of practice.

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**10.65.03.12**

.12 Ethical, Legal, and Professional Responsibilities of CSL Therapists, Clinicians, and Practitioners.

A license holder, registration holder, or certificate holder may not construe a failure to specify a particular ethical, legal, or professional duty in this chapter as a denial of the existence of other ethical, legal, or professional duties or responsibilities that are equally as important and as generally recognized in the profession.

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**10.65.03.13**

.13 Penalties.

If a license holder or registration holder violates a regulation in this chapter, the Board may take action pursuant to Health Occupations Article, §6–308, Annotated Code. The Board may also impose a penalty not exceeding \$10,000.

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**10.65.03.9999**

Administrative History

Effective date:

Chapter created from COMAR 10.43.18 to COMAR 10.65.03 under new Subtitle, Board of CSL Therapy Examiners, Code of Ethics, effective January 2, 2021 (43:26 Md. R. 1446)

Regulation .03C amended effective January 2, 2021 (43:26 Md. R. 1446)

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