

## PostOp Comparative Scope of Practice in Body Altering Aesthetics: Practitioners' Allowances and Limitations

✓= it's in scope of practice ○= they traditionally offer it safely & accurately △= taught in program

Task	iMedics	PostOp-Indur Providers	Body Contouring Providers	Surgeons	Massage Therapists	Nurses	Estheticians	Cosmetologists	CNAs	Phlebotomists
• Drain care and maintenance	✓○△	✓○△		✓○△		✓○△			✓○△	
• Drain removal		✓○△		✓○△		✓○△				
• Fluid evacuation with open orifices	✓○△	✓○△								
• Basic wound care and dressing changes	✓○△	✓○△		✓○△		✓○△	✓○△		✓○△	○
• Monitors and assesses surgical incisions	✓○△	✓○△		✓○△		✓○△	○			
• Nutritional guidance for optimal recovery	✓○△	✓○△	✓○△	✓		✓○△	✓○△			
• Provides detailed competent informed guidelines for compression therapy	✓○△	✓○△	✓○△	✓		✓				
• Instructs on client posturing for healing	✓○△	✓○△		✓		✓○△	✓			
• Offers holistic strategies for pain management	✓○△	✓○△			✓○△	✓○				
• Teaches diaphragmatic breathing exercises for recovery	✓○△	✓○△	✓○△		✓○	✓○△	✓			
• Lymphatic massage or Manual Lymphatic Drainage	✓○△	✓○△	✓○△		✓○△					
• Monitors signs of infection	✓○△	✓○△		✓○△		✓○△	✓			✓
• Addresses concerns regarding post-operative discomfort	✓○△	✓○△		✓○△		✓○△			✓○△	
• Conducts skin assessments for integrity issues		✓○△	✓○△				✓			
• Facilitates communication with client's surgical team	✓○△	✓○△		✓△		✓○△		✓		✓
• Implements lifestyle strategies to reduce inflammation		✓○△	✓○△			✓○△				
• Provides guidance on accurate procedure-specific sleep positioning	✓○△	✓○△	✓○△	✓		✓	✓	✓	✓	
• Treatments to avoid crushing grafted autologous adipose	✓○△	✓○△		✓		✓				
• Advises on trauma skincare post-surgery	✓○△	✓○△					✓			
• Detailed education of hydration, + adequate fluid & protein intake	✓○△	✓○△	✓○△	✓	✓○	✓○△	✓	✓		✓
• Detailed guidance on lifestyle adjustments for optimal recovery	✓○△	✓○△	✓○△				✓	✓		
• Teaches range of motion exercises for surgical areas		✓○△			✓○△	✓				
• Monitors and addresses signs of necrosis		✓○△		✓○△		✓				
• Evaluates + treats adhesions & scar tissue	✓○△	✓△		✓○△	✓					
• Applies non-sports kinesio tape for skin retraction	✓○△	✓○△	✓○△				✓			
• Implements percussion machines for internal lymphatic drainage		✓○△	✓○△							
• Uses sound wave physical therapy devices		✓○△	✓○△							
• Educates on the distinction between visceral and subcutaneous fat	✓○△	✓○△	✓○△	✓△		✓○△				
• Performs aspiration techniques		✓○△		✓○		✓○△				○
• SOAP notes changes	✓○△	✓○△	✓○△	✓○△	✓○△	✓○△	✓	✓		✓
• Provides systemic manual manipulation	✓○△	✓○△	✓○△		✓○△		✓			
• Uses hands to promote systemic/non-acute circulation	✓○△	✓○△	✓○△		✓○△		✓			
• Monitors and reduces bulges above incisional lines		✓○△			✓					
• Address, treat, and smooth out/break up uneven skin integrity		✓○△					✓			
• Determines duration of treatment strokes	✓○△	✓○△	✓○△		✓		✓			
• Body Braille client's body to create comprehensive PostOp treatment plans	✓○△	✓○△	✓○△				✓			

This chart indicates which tasks each professional group can perform based on the provided information.

### Key Legend

Use these symbols to translate the professional comparison chart for provider treatment applications in the Body Altering Aesthetics industry.

#### ✓= it's in scope of practice

This key indicates that the practice, technique, treatment, task, or action is within provider scope of practice. The application or task is defined as an indication within the regulated defined scope. If a profession is lacking this key, it could be due to the following:

- It is out of scope of practice
- They are not allowed to perform it
- Though professionals may have taken additional training, these applications are not covered by their regulated profession

#### ○= they traditionally offer it safely & accurately

This key indicates that a professional performs this task, safely, accurately, and with precision. They are well versed in the task and its offered regularly in widespread by these professionals. If a profession is lacking this key, it could be due to the following:

- The application is not traditionally done/offered apart of standard care within the respective profession
- Professionals provide it, but not safely
- It may be provided but it's typically not done accurately.

#### △= taught in program

This key indicates that an application or treatment being performed is a standard that is taught within the respective regulated profession. If a profession is lacking this key, it could be due to the following:

- The treatment, technique, application isn't taught in the respective program.
- The professional learned it outside of their respective program and regulated industry; they took a CEU that allowed them to learn.