



# CSL Therapy Individual Provider (IP) Board Certification Handbook

Volume 1  
Last Updated 2/22/24

This applicant handbook has been created by CSL Therapy Org for the purpose of educating individuals in the Body Altering Aesthetics industry. The content of this handbook is protected by copyright law and is the intellectual property of CSL Therapy Org.

No part of this handbook may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of CSL Therapy Org.

CSL Therapy Org reserves all rights to this handbook and its contents. Any unauthorized use or reproduction of the materials in this handbook is strictly prohibited and may result in legal action.

If you wish to reuse or repurpose any of the materials in this handbook, please contact CSL Therapy Org for permission. Permission will only be granted if the intended use is consistent with the original intent and does not infringe on the rights of CSL Therapy Org.

Thank you for respecting the intellectual property rights of CSL Therapy Org and for using this handbook only for its intended purpose of education in the Body Altering Aesthetics industry.

# Table of Contents

I.	National Body Altering Aesthetics Competency Program.....	3
II.	Benefits of Board Certification.....	5
III.	Individual Provider Board Certification Process.....	6
IV.	Board Certified Educational Tracks.....	7
V.	Applying for more than one educational track.....	7
VI.	Associated Costs.....	8
VII.	Time commitment.....	9
VIII.	IP Board Certified Scope of Practice.....	10
IX.	Registered Board Certification.....	11
X.	Full Board Certification.....	11
XI.	Certification Tenure.....	13
XII.	National Body Altering Aesthetic (NBAA) Exams.....	14
XIII.	NonProvider (NP) Board Certifications.....	19

# I. National Body Altering Aesthetics Competency Program

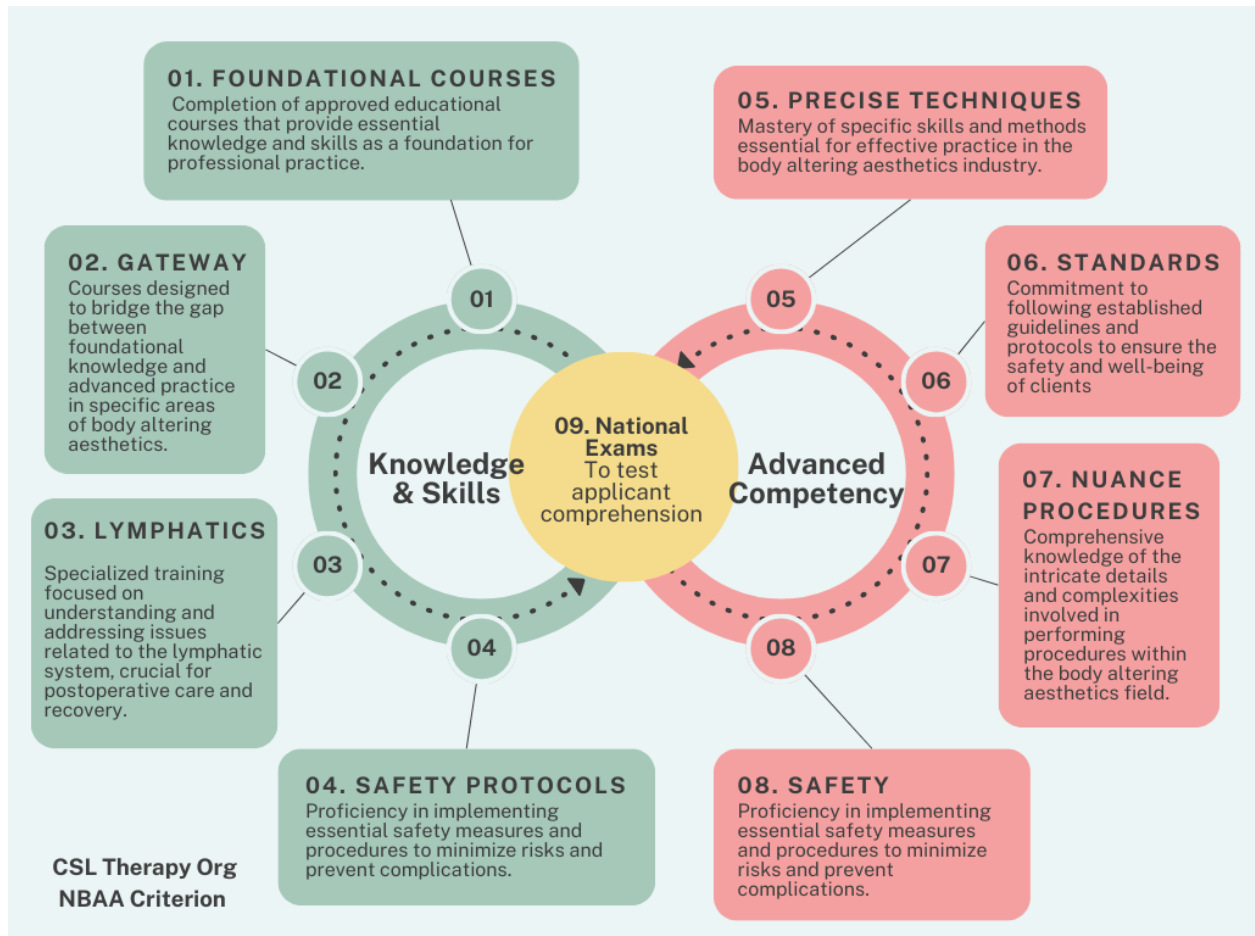
The National Body Altering Aesthetics Competency Program is an assessment system, developed and accredited by the [American Council of Body Altering Aesthetics](#), with a focus on gauging professionals' proficiency in the body altering aesthetics industry. This program has gained widespread recognition and adoption by various authoritative bodies such as Health Departments, Boards of Physicians, and Departments of Labor and Licensing. It stands as a benchmark for competency, with inclusions surpassing the minimum requirements set by the Federal Department of Education.

The development of this program is underpinned by a robust scientific method, integrating principles of cognitive learning, information acquisition, and knowledge retention. Our approach is rooted in a thorough understanding of how individuals learn, process information, and demonstrate retained knowledge. Through rigorous research and testing methodologies, we've crafted a multi-faceted assessment strategy that caters to diverse learning styles and testing modalities, ensuring a comprehensive evaluation of professionals' competence.

This program employs a sophisticated framework consisting of nine criterion tailored to evaluate proficiency in the body altering aesthetics industry.

1. Precise techniques
2. Adherence to standards of care
3. In-depth understanding of procedural nuances
4. Mastery of critical safety protocols
5. Accredited foundational courses for educational tracks
6. Gateway courses
7. Lymphatic training
8. Hands-on practicum
9. Proctored cognitive exams to test comprehension





These criteria encompass a broad spectrum of skills and knowledge essential for practitioners in this field, including but not limited to precise techniques, adherence to best practices, in-depth understanding of procedural nuances, and mastery of critical safety protocols. The program ensures practitioners have taken accredited foundational courses for their educational tracks, Gateway courses, lymphatic training, hands-on practicum, and proctored cognitive exams. Each criterion is rigorously analyzed to ascertain an individual's expertise, ensuring a thorough and comprehensive assessment of their capabilities within the industry.

The Board Certification Program meets every aspect of excellent treatment delivery for the Body Altering Aesthetics industry.

## II. Benefits of Board Certification

The benefits of becoming Board Certified in the Body Altering Aesthetics industry with the CSL Therapy Organization are multifaceted:

1. **Demonstration of Expertise:** Board Certification showcases a professional's commitment to excellence in the field. It represents a high level of proficiency, offering clients assurance of receiving quality services.
2. **Enhanced Credibility:** Board Certification enhances the credibility and reputation of professionals within the industry. It demonstrates adherence to recognized standards and best practices.
3. **Career Advancement:** It opens up opportunities for career advancement by differentiating certified individuals from non-certified peers. Many employers prefer or require Board Certification when hiring.
4. **Client Trust:** Clients tend to trust Board Certified professionals more due to their recognized expertise and adherence to high ethical standards.
5. **Industry Recognition:** Board Certification provides recognition within the industry, fostering networking opportunities and collaborations with other certified professionals.
6. **Legal Protection\*:** Certified professionals who abide by the regulations of the organization receive legal protection, Board representation and support from the CSL Therapy governing bureau, adding an extra layer of security and assurance.
7. **Continual Learning:** Maintaining Board Certification requires ongoing education and skill development, ensuring that professionals stay updated with the latest advancements in the field.
8. **Networking Opportunities:** Professionals who are board certified become part of a supportive community of like-minded peers, where they can exchange ideas, share experiences, and collaborate on projects, fostering professional connections and relationships that can lead to new opportunities and collaborations.

\* Board Certified Professionals will receive paperwork in advance to show Health Department officials as well as Boards of Physicians should they receive a visit from local Health officials. CSL Therapy's legal representation will send letters on behalf of Certified Professionals, and extend virtual presence at any legal hearings or investigations. This legal protection is extended under the condition that the Board Certified individual is within their rights and regulations outlined in [CSL Therapy Organizations Codes](#).

Other benefits of becoming board certified include increased job opportunities, higher earning potential, greater job satisfaction, and improved patient outcomes. Additionally, board certification offers the opportunity for insurance benefits, as well as eligibility for participation in research studies and professional associations.

### III. Individual Provider Board Certification Process

1. Start and complete the application for IP Board Certification.
2. Log into your CSL Therapy back office account and locate your “IP Board Certification Dashboard.”
3. Submit the 4 required Specimen for Certification:
  - a. Certificate from Gateway Course: Purchase the CSL Precis Book, read it thoroughly, and complete the 30-question online quiz. The quiz tests your understanding of the Body Altering Aesthetics industry. You may attempt it twice before being locked out. If locked out, contact [welcome@csltherapy.org](mailto:welcome@csltherapy.org) to unlock your account.
  - b. Lymphatic Massage Course Certificate: Obtain additional training outside of your massage or esthetics school specialized in the lymphatic system.
  - c. Certificate from a Foundational Course: Submit a certificate of completion from an accredited Foundational Course taught by CSL Therapy licensed educators.
  - d. Recorded Practicum: Provide a recorded 75-minute session inclusive of measurements and photos, with a 60-minute hands-on bodywork component. Review the practicum guidelines for expectations. Be sure to have the client that volunteers for the session to complete a media release form. Note: the submission remains confidential.

Submit each specimen as you locate or provide them. Note that your application cannot be processed until all 4 specimens are received.

4. Your specimen will be reviewed by a Proctoring team from CSL Therapy’s Board of Examiners and one member from the Governing Bureau.
5. Upon receiving all 4 specimen, the review process takes 7-10 business days.
6. Successful applicants will receive a letter via USPS informing them of their Registered Board Certification status.
7. Within 30 days, Registered Applicants will receive their Board Certification welcome packet and Official Certification with an official seal in the mail. Allow time for shipping. The Registered IP Board Certification is valid for 12 calendar months, during which applicants prepare to sit for the National Exam of their respective educational track.
8. Unsuccessful applicants will be notified via email and given the opportunity to resubmit any missing or incorrect items within 30 days.

## IV. Board Certified Educational Tracks

Currently, CSL Therapy offers IP Board Certification for two educational tracks:

### **PostOp-Induration and Non Surgical Body Contouring**

For reference, a PostOp-Induration educational track is intended for professional seeking to work on clients from Day 8-Week 8 after surgery.

Nonsurgical Body Contouring (NSBC) educational track is intended for professionals who would like to offer trauma remodeling and body bioengineering treatments on clients who have never had elective surgery before OR it has been at least 2 months since their surgical procedure and they are receiving PostOp Body Contouring (POBC). Nonsurgical Body Contouring applicants will be tested on both POBC and NSBC in their National Exam and are required to know both skillsets within their educational track. This helps ensure professionals are able to discern the level of kinetics to apply during a clients treatment.

To test for these tracks, your Specimen 3 Foundational Course (the program that taught you the information) must be from an accredited course. Unfortunately, we are not able to offer Board Certification to professionals that are self taught ([Ambi Massage Therapists](#)), or took a course that was not accredited by CSL Therapy.

Board Certification for Incisional Sciences is currently only available for Surgeon Office (SO) Certification.

As the industry and the organization evolves and expands, this handbook will be updated to include IP Board Certification for Incisional Sciences and Technology.

## V. Applying for more than one educational track

Professionals that would like to become IP Board Certified in both PostOp-Induration (POI) and Body Contouring (BC) will need to fill out two separate applications, one for each educational track. Certifications cannot be combined at this time. They will also be required to sit for two separate National Exams.

## VI. Associated Costs

Costs associated with becoming IP Board Certified will vary slightly due to the classes you choose to take before applying to become Board Certified, as well as your performance on your National Exam. However, the Board Certification process is straightforward, consistent, and affordable.

### Certification Fees

CSL Precis Course & Quiz	\$39
Lymphatic Massage Class & Certification	Varies
Foundational Bodywork Class	Varies*
Recorded Practicum	N/A

\* Foundational Classes will range between \$1,500-\$9,000 depending on the depth of your chosen program. **Be wary of classes outside of this range; they may not be accredited and they may lack the educational information you will need to pass your National Exams for licensure**

Board Certification Application Fees	\$25
--------------------------------------	------

### National Board Exam Fees

- POLEX (PostOp Lymphatic Exam) \$295: For PostOp-Indur providers
- BCLEX (Body Contouring Exam) \$295: For Body Contouring providers

Licensure Fees	Varies by State
----------------	--------------------

Licensure will be given out by state once legislation is introduced within your respective state. Certifications and qualifications that lead to licensure are handled by CSL Therapy Organization. To apply for a license, applicants will need to go through a Board Certification process first.

## VII. Time commitment

The process of becoming IP Board Certified with CSL Therapy involves several steps, each requiring a different amount of time commitment.

Firstly, applicants must register for the certification process and complete the required courses. The time required for this step varies depending on the individual's pace of learning and availability.

Once all necessary courses have been completed and the applicant has obtained all three required certificates and their recorded practicum, they can submit their specimen for review. The submission and review process typically takes 7-10 business days.

It's important to note that any delays in the review process may occur if the applicant is missing materials or information.

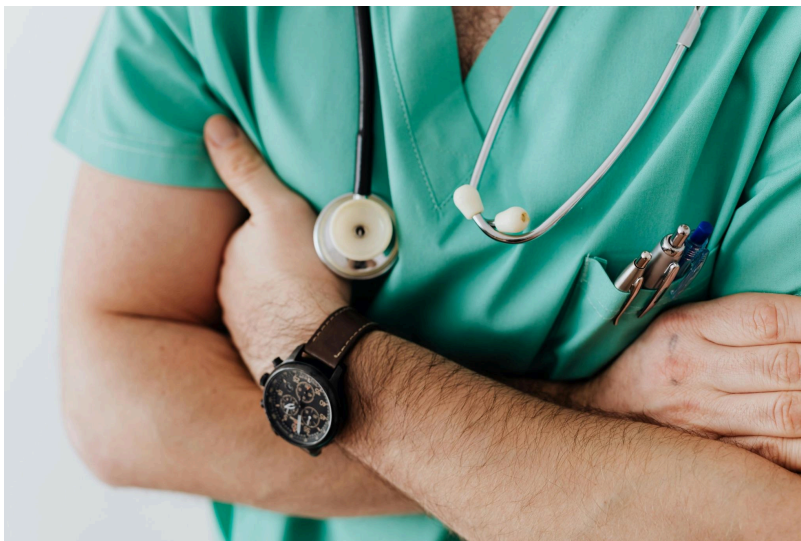
Additionally, it's important for applicants to ensure that the Foundational Class they submit for Specimen 3 is accredited. If the class is not accredited, the applicant's submission will be rejected, and they will need to reapply.

To address this issue, applicants who have taken a Foundational Class with an educator whose course isn't accredited can encourage them to apply to become a licensed

Advanced Scholastic Trainer and submit their class for accrediting with CSL Therapy.

[Use this letter and send it to the teacher of your unaccredited Foundational Course.](#)

Alternatively, applicants can choose to take another class with a program that has Foundational Course accreditation.



## VIII. IP Board Certified Scope of Practice

1. Follow Standards of Care: Board Certified professionals are expected to adhere to the Standards of Care established by CSL Therapy Organization. These standards ensure the delivery of high-quality care and treatment to clients within the Body Altering Aesthetics industry.
2. Promote Health Client/Therapist Relationship: Professionals should foster a healthy client/therapist relationship characterized by trust, respect, and confidentiality. Professional interactions should always prioritize the well-being and privacy of the client.
3. Abide by Codes of Conduct: Professionals must abide by the Codes of Conduct set forth by CSL Therapy, which govern ethical behavior, integrity, and professionalism in the practice of Body Altering Aesthetics.
4. Uphold the Hippocratic Oath: Board Certified professionals are expected to uphold the principles of the Hippocratic Oath, which include commitments to patient welfare, confidentiality, and ethical practice.
5. Remain within Scope of Practice: Professionals must operate within the Scope of Practice outlined for their chosen educational track(s) and certified positions as specialists and clinicians. They are permitted to provide treatments and information based on scientific evidence and facts presented by CSL Therapy but must refrain from performing any procedures, services, or diagnostics outside of their scope of practice.
6. Conduct and Participate in Research: Board Certified professionals have the opportunity to conduct and participate in research studies within the medical community and American healthcare system to advance the Body Altering Aesthetics industry.
7. Teaching Restrictions: While Board Certified professionals may engage in educational activities related to Body Altering Aesthetics, they are not permitted to teach unless they apply to become a licensed educational partner with CSL Therapy through the Advanced Scholastic Trainer (AST) Program.

Professionals that adhere to these guidelines and standards embody the essence of the highest educational and professional caliber. With this scope of practice, IP Board Certified professionals can contribute to the advancement and integrity of the Body Altering Aesthetics industry while ensuring the safety and well-being of their clients.

## IX. Registered Board Certification

Upon successful completion of all 4 specimen and submission for IP Board Certification, applicants will attain the status of "Registered Board Certified Providers." Successful candidates will also be added to the International IP Board Certification Database. Registered candidate listings will be accompanied with an asterisk "\*". This designation grants professionals the benefits, credentials, and credibility of Full Board Certification for a period of 12 calendar months, allowing time for preparation for the National Exam.

The National Exam, consisting of 200 questions tailored to the applicant's educational track, will be accessible to Registered Board Applicants only, with study materials provided as exams become available. Successful completion of the National Exam enables professionals to obtain licensure in their respective states. Applicants must possess a clearance letter, awarded upon successful review of their IP Board Certification application processing, to sit for the National Exam.

Failure to sit for the exam within the 12-month period necessitates reapplication and resubmission of Specimen, with Specimens 1-3 available for repurposing, while a new recorded practicum must be recorded and submitted.

While communication will be sent out via email, it is the applicants' responsibility to track their Registered Board Certification expiration date. Applicants that fail to sit for their National Exam will be removed from the International IP Board Certification Database. Unregistered Professionals will not be permitted to work on clients. Letters will also be sent to the respective Health Department and Board of Physicians quarterly to update them on Board Certified professionals.

## X. Full Board Certification

Full Board Certification represents the pinnacle of achievement in the chosen educational track, offering professionals an array of extended benefits and lifetime certification. In contrast to Registered Board Certification, Full Board Certification grants professionals extended benefits and lifetime Board Certification in their chosen educational track. Candidates achieve Full Board Certification after successfully sitting for their National Exam and scoring 88% or higher. Subsequently, they can apply for state licensure, which must be maintained in accordance with state laws governing professionals in the Body Altering Aesthetics industry. This esteemed medical accomplishment is commemorated with a framed certified plaque available for order through the database.



# Full Board Certifications

## Current Full IP Board Certifications

Board Certified POI Clinician

Board Certified Body Contouring Therapist

## Future Full IP Board Certifications

Board Certified iMedic for Incisional Sciences and Technology

Board Certified CSL Specialist

Board Certified BAA Master

Board Certified PS Wound Care Specialist

Doyenne



## XI. Certification Tenure

Professionals will retain their Board Certification indefinitely, contingent upon ongoing compliance with CSL Therapy's Codes and regulations, adherence to their defined scope of practice, and the continued adherence to the Hippocratic oath.

In cases where a complaint is lodged against a Board Certified professional, CSL Therapy will initiate an investigation to determine the appropriate course of action. Possible actions include, but are not limited to, assigning continuing education courses, mediation, peer counseling, suspension of benefits, suspension of Certification and ability to practice, or revocation of Board Certification.

CSL Therapy Codes and Regulations can be accessed here:

<https://csltherapy.org/csl-regulatory-violations/>



## XII. National Body Altering Aesthetic (NBAA) Exams

The **National Body Altering Aesthetics (NBAA) exams** serve as comprehensive assessments to gauge the proficiency and competence of aspiring professionals in their chosen educational tracks within the Body Altering Aesthetics industry.

Educational Tracks are:

- Incisional Sciences and Technology
- PostOp-Induration Sciences & Technology
- Body Biomechanics (Body Contouring)

As applicants prepare to undertake these critical evaluations, comprehensive study guides and practice tests will be provided, offering invaluable resources aimed at aiding thorough preparation. These study materials are tailored to equip candidates with the requisite knowledge and understanding needed to excel in their respective areas of expertise.

Each NBAA exam is a rigorous test comprising 200 meticulously crafted questions by the CSL Therapy Organization's Board of Examiners, specifically designed to thoroughly evaluate applicants' grasp of the essential concepts and practical applications within their chosen educational tracks.

### Exam Types

#### **NBAA-POLEX**

The **POLEX** (PostOp-Induration Lymphatic Exam) encompasses an array of essential subject areas critical for professionals in the Body Altering Aesthetics industry. This comprehensive exam evaluates candidates on a diverse range of knowledge and skills related to postoperative lymphatic issues, induration management, and the broader spectrum of post-surgical care.

### Basic Exam Information

#### Cost

The NBAA-POLEX fee is \$295.

#### Duration

Applicants will have up to 3 hours to complete their exam.

#### Exam Format

The POLEX is an in-person assessment conducted at designated testing centers, ensuring a controlled environment for candidates. Candidates will receive details about available testing center locations during the application process for the POLEX exam. These options ensure convenience and accessibility for candidates, allowing them to select a testing center\* that best suits their location and preferences for taking the exam. Questions are presented in a randomized manner, covering a range of competencies, with varying point allocations, ensuring a comprehensive assessment across diverse topics relevant to the field of Postoperative Induration Management in the Body Altering Aesthetics industry.

*\* NOTE: Applicants may only take one exam per day per testing center.*

### Scoring and Results

Throughout the examination, candidates will engage in cognitive processing to determine the most suitable responses for each question. Questions are assorted with differing point values allocated to assess a wide spectrum of competencies related to Postoperative Induration Management in the Body Altering Aesthetics industry.

The POLEX exam is graded out of 210 points, requiring candidates to attain a minimum score of 80% or higher to successfully pass.

### Certification Upon Completion

A passing grade [80% or higher] grants candidates Board Certification necessary for State licensure in the field of Postoperative Induration Management Sciences & Technology within the Body Altering Aesthetics industry. The official certification will be “Board Certified PostOp-Indur Clinician”.

### Application Procedure

The application process for the POLEX exam incurs a \$25 fee\* and requires approximately 10 minutes to complete once all four specimen are available for upload submission. Application processing may take up to 2 weeks, and upon clearance approval, candidates can schedule the POLEX assessment at their preferred testing center. The cost for the POLEX examination is \$295.

*\* This application fee must be rendered for every educational track an applicant desires to be certified and licensed in.*

### Content of the Exam

The exam’s subject areas include:

1. Postoperative Lymphatic Issues: Understanding the complexities and challenges associated with postoperative lymphatic complications, including the identification, diagnosis, and management of various lymphatic-related issues.
2. Techniques for Managing Induration: Mastery of techniques and methods specifically targeted at managing induration, focusing on effective strategies for alleviating, treating, or preventing indurated tissue post-surgery.
3. Fluctuating Edema Presentations: Recognizing and addressing fluctuating edema presentations and understanding their impact on postoperative healing and client comfort.

4. Treatment Protocols: Familiarity with treatment protocols and procedures tailored to lymphatic conditions and postoperative care, encompassing a variety of therapeutic interventions and modalities.
5. Wound Care: Knowledge of proper wound care techniques and practices, ensuring optimal healing and minimizing the risk of complications related to postoperative wounds.
6. Device Selection and Integration: Understanding and skill in selecting and integrating appropriate devices or tools for lymphatic management, promoting effective client outcomes.
7. Understanding Postoperative Complications: Grasping the complications arising from surgical procedures that affect the lymphatic systems, enabling timely identification and intervention to mitigate potential risks.
8. Scope of Practice: Understanding the scope of practice within the Body Altering Aesthetics industry, including legal and ethical boundaries, professional responsibilities, and limitations.
9. Proper Nomenclature: Proficiency in using accurate and industry-specific terminology when discussing lymphatic conditions, treatments, and related medical concepts.
10. Kinetics: Understanding the principles and kinetics underlying lymphatic system function and postoperative fluid dynamics.
11. Client Evaluations and Classifications: Competency in evaluating client conditions, classifying lymphatic presentations, and designing tailored treatment plans based on individual client needs.
12. Client Body Presentation Comprehension: Ability to comprehend and analyze client body presentations postoperatively, identifying specific manifestations related to lymphatic issues.
13. Pre-Surgical Competencies: Understanding pre-surgical considerations and competencies needed for preparing clients undergoing body-altering procedures, including preoperative care protocols.

These subject areas serve as a comprehensive framework for evaluating the breadth and depth of a professional's knowledge and expertise within the Body Altering Aesthetics industry, ensuring well-rounded competency in postoperative lymphatic care and management.

## NBAA-BCLEX

The **BCLEX** (Body Contouring Licensing Exam) encompasses an array of essential subject areas critical for professionals in the Body Altering Aesthetics industry. This comprehensive exam evaluates candidates on a diverse range of knowledge and skills related to Body Biomechanics, client adipose management, and the broader spectrum of nonsurgical body aesthetics altering healthcare.

### Basic Exam Information

#### Cost

The NBAA-BCLEX fee is \$295.

#### Duration

Applicants will have up to 3 hours to complete their exam.

#### Exam Format

© 2024 CSL Therapy Org. All rights reserved. Please review our Privacy Policy and Terms of Use on our website.

The BCLEX is an in-person assessment conducted at designated testing centers, ensuring a controlled environment for candidates. Candidates will receive details about available testing center locations during the application process for the BCLEX exam. These options ensure convenience and accessibility for candidates, allowing them to select a testing center\* that best suits their location and preferences for taking the exam. Questions are presented in a randomized manner, covering a range of competencies, with varying point allocations, ensuring a comprehensive assessment across diverse topics relevant to the field of Body Biomechanics (Body Contouring) Science & Technology in the Body Altering Aesthetics industry.

\* NOTE: Applicants may only take one exam per day per testing center.

### Scoring and Results

Throughout the examination, candidates will engage in cognitive processing to determine the most suitable responses for each question. Questions are assorted with differing point values allocated to assess a wide spectrum of competencies related to Body Biomechanics in the Body Altering Aesthetics industry.

The BCLEX exam is graded out of 210 points, requiring candidates to attain a minimum score of 80% or higher to successfully pass. Some questions are worth 1pt and other are worth 2pts.

### Certification Upon Completion

A passing grade [80% or higher] grants candidates Board Certification necessary for State licensure in the field of Postoperative Induration Management Sciences & Technology within the Body Altering Aesthetics industry. The official certification will be “Board Certified Body Contouring Therapist“.

### Application Procedure

The application process for the BCLEX exam incurs a \$25 fee\* and requires approximately 10 minutes to complete once all four specimen are available for upload submission. Application processing may take up to 2 weeks, and upon clearance approval, candidates can schedule the BCLEX assessment at their preferred testing center. The cost for the BCLEX examination is \$295.

\* This application fee must be rendered for every educational track an applicant desires to be certified and licensed in.

### Content of the Exam: POBC & NSBC

The BCLEX (Body Contouring Licensing Exam) assesses a diverse array of subject areas integral to the field of body contouring. This comprehensive exam evaluates candidates' proficiency in various domains. It encompasses a thorough understanding of nonsurgical body contouring (NSBC) and postoperative body contouring (POBC) techniques. This includes knowledge of complications and contraindications associated with body contouring procedures, such as addressing localized adipose presentations, chording, adhesions, and striations.

The exam encompasses Body Aesthetics Psychology, Bioengineering trauma remodeling Techniques and treatment Procedures, skin integrity, device selection, and integration. It evaluates candidates' comprehension of Body Evolutions, scope of practice adherence, proper nomenclature usage, kinetics, client evaluations, and classifications. Additionally, the BCLEX assesses competencies related to Body Contouring adverse event management: safety & compliance, client body presentation comprehension; ethical, legal, & professional development, and biomedical fundamentals & theory.



These subject areas serve as a comprehensive framework for evaluating the breadth and depth of a professional's knowledge and expertise within the Body Altering Aesthetics industry, ensuring well-rounded competency in nonsurgical body contouring & bioengineering.

### NBAA Question Types

The NBAA exams comprises a variety of question types, designed to assess the candidates' understanding in postoperative client care. Each question is structured by the CSL Therapy Board of Examiners to elicit specific responses that can be objectively scored as either "correct" or "incorrect," suitable for standardized evaluations at proctored testing centers.

The types of questions featured in NBAA exams include:

1. Multiple Choice Questions (MCQs): A common question type presenting a stem or question followed by several response options. Candidates choose the most appropriate answer among the provided choices.
2. True/False Questions: Statements are presented, and candidates indicate whether each statement is true or false based on their knowledge.
3. Matching Questions: These questions require candidates to match items from two columns that are logically associated, ensuring comprehension of concepts and their applications.
4. Fill-in-the-Blank Questions: Candidates fill in the missing word(s) or phrase(s) to complete sentences or statements accurately.
5. Multiple Response Questions: Candidates select multiple correct responses from a list of options provided for a single question.
6. Diagram Interpretation: Candidates analyze diagrams, images, or charts related to lymphatic systems, induration management, postoperative conditions, or treatment protocols, and answer questions based on these visuals.
7. Scenario-Based Questions: Questions present clinical scenarios or case studies, requiring candidates to apply their knowledge and problem-solving skills to make appropriate decisions or recommendations.
8. Sequence or Ordering Questions: Candidates arrange items, steps, or procedures in the correct sequential order relevant to postoperative lymphatic care or induration management.

### Preparation and Study Tips

Study Tips: Candidates preparing for the NBAA exams can benefit from a range of study materials to enhance their readiness. Utilizing A&P textbooks can deepen understanding in postoperative lymphatic issues and wound care. Review study workbooks provided by your foundational program. Online courses offered by reputable platforms like Coursera or Udemy may cover relevant topics. Practice tests, flashcards, and reference guides focusing on induration management, edema presentations, device selection, and client evaluations are also highly recommended study resources for comprehensive preparation.

Other Guidance: To optimize study sessions for the NBAA exams, candidates should initially prioritize understanding the areas they find most challenging, allocating more time to review and practice questions related to those topics. Establishing a structured study schedule, dedicating focused periods to different subject areas each day, can help cover the breadth of content systematically. Seeking guidance from

experienced practitioners or educators, engaging in study groups or online forums, and discussing complex topics with peers can provide diverse perspectives and clarity on challenging concepts. Utilizing a variety of study resources, including textbooks, online courses, practice tests, and reference guides, ensures a well-rounded and thorough preparation approach for success in the exam.

## XIV. NonProvider (NP) Board Certifications

As CSL Therapy Certifications continue to develop and broaden their scope, they have progressed beyond solely offering certifications to professionals providing bodywork services for trauma remodeling. Their offerings now extend to NonProvider (NP) Certifications, catering to a wider range of individuals within the healthcare and wellness industry.

### **iMed-OS Post Surgical Certification**

The iMed-OS Post Surgical Certification is designed for professionals working within surgical offices, private practices, medical clinics, or ambulatory centers who interact directly with surgical clients. Recognizing that every member of the office plays a vital role in a client's postoperative journey, this certification equips office staff with essential knowledge and skills to support clients effectively. Covering topics such as healing progress assessment, compression therapy guidance, Fajas recommendations, postoperative instruction clarification, iMedic lymphatic treatment scheduling, and identifying signs of complications, this certification ensures that office professionals are well-equipped to address client concerns and contribute to their Cosmetic Self Love Journey with confidence and competence.

*The following certifications will become available in September 2024.*

### **Pre and Peri-Op Coordinator Surgical Certification**

The Pre and Peri-Op Coordinator Surgical Certification is a comprehensive certifying program designed for professionals tasked with guiding clients through the intricate process of preparing for cosmetic surgery and navigating the pre and perioperative phases. This certification equips coordinators with the knowledge and skills needed to support clients at every step of their journey-- before the journey begins, from initial consultation to initial post-operative care. They are able to guide them through the 8 Phase of a Cosmetic Self Love Journey inclusive of (but not limited to):

Phase 1: Selecting a surgeon based on their body type + appropriate Procedures

Phase 2: Budgeting



Phase 3: Labs & Clearances

Phase 4: Accommodations and Care

Phase 5: Supply Procurement + PostOp Treatment schedules

Phase 6: Lifestyle Shifts

Phase 7: The Actual Sx

Phase 8: Maintenance

In covering topics such as pre-operative assessments, surgical preparation guidelines, perioperative coordination, and post-operative support strategies, this certification ensures that coordinators can provide clients with personalized guidance and assistance tailored to their unique needs and circumstances. This certification can help coordinators suggest timelines of best professional practices for clients to follow for losing weight safely, stopping supplements; educating clients on how to work with their PCP to navigate their hemoglobin levels, and more. Additionally, the certification emphasizes the importance of fostering a supportive and empathetic client-coordinator relationship, ensuring that clients feel informed, empowered, and reassured throughout their Cosmetic Self Love Journey.

## **Air Flight attendant Post Surgical Certification**

The Air Flight Attendant Post Surgical Certification is specifically tailored to train flight attendants in providing optimal care and support to clients who have recently undergone surgical procedures. This certification equips flight attendants with essential knowledge and skills to ensure the safety, comfort, and well-being of post-operative clients during air travel. Some clients fly with drains, open wounds, and potentially communicable presentations that due to air cabin pressure pose a risk to themselves as well as other passengers. In covering topics such as post-operative care protocols, recognizing signs of distress or complications, and effective communication strategies with medical personnel on board, this certification enables flight attendants to effectively address the unique needs and challenges-- should they present-- faced by post-surgical passengers.

Additionally, the certification emphasizes the importance of creating a supportive and accommodating environment for post-operative clients, including providing assistance with mobility, ensuring access to lifesaving medical supplies, and offering guidance on proper positioning and comfort measures during the flight. Flight attendants certified in Air Flight Attendant Post Surgical Certification learn to mitigate risks and reduce liability for airlines, surgical clients, as well as other passengers by ensuring the safe and smooth transport of post-operative clients while upholding the highest standards of care and professionalism.

## **Plastic Surgery Nutrition Certification**

The Plastic Surgery Nutrition Certification equips healthcare professionals with the knowledge and skills required to guide clients through post-surgical healing journeys. With a focus on proper nutrition and high nutritional intake, this program ensures clients receive optimal dietary support for efficient recovery without compromising safety or surgical outcomes. Professionals learn to tailor nutrition plans or suggest basic nutritional guidelines to individual client needs, addressing factors such as wound healing, inflammation reduction, and immune system support. Through evidence-based practices and nutritional guidelines, participants gain confidence in providing exceptional care and support to clients undergoing plastic surgery procedures.

## **Plastic Surgery Wound Care Certification**

The Plastic Surgery Wound Care Certification offers advanced training to allied healthcare providers in managing complex surgical wounds. Whether clients present with incisional lines, stitch rejection, or lipo burns, this certification equips professionals to tackle challenges with precision and confidence. Participants acquire advanced wound care techniques, such as wound assessment, dressing selection, and infection prevention strategies. These skills aim to promote optimal healing outcomes while safeguarding aesthetic results and skin integrity. Adopting a multidisciplinary approach and evidence-based practices, this certification ensures healthcare providers are equipped with the necessary skills to deliver superior care during the healing process.

## **CSL Triage Certification**

The CSL Triage Certification trains hospital professionals to effectively manage plastic surgery clients in emergency room settings. With an emphasis on timely and appropriate care, this certification equips staff to triage and manage these cases efficiently. Participants learn to assess client presentations, identify potential complications, and initiate appropriate interventions while adhering to established standards of care and patient safety protocols. Through clear communication, collaboration, and critical thinking, hospital professionals can confidently navigate plastic surgery-related emergencies, minimizing risks and optimizing patient outcomes.