



CSL Therapy Surgical Office (SO) Board Certification Handbook

Volume 1
Last Updated 2/22/24

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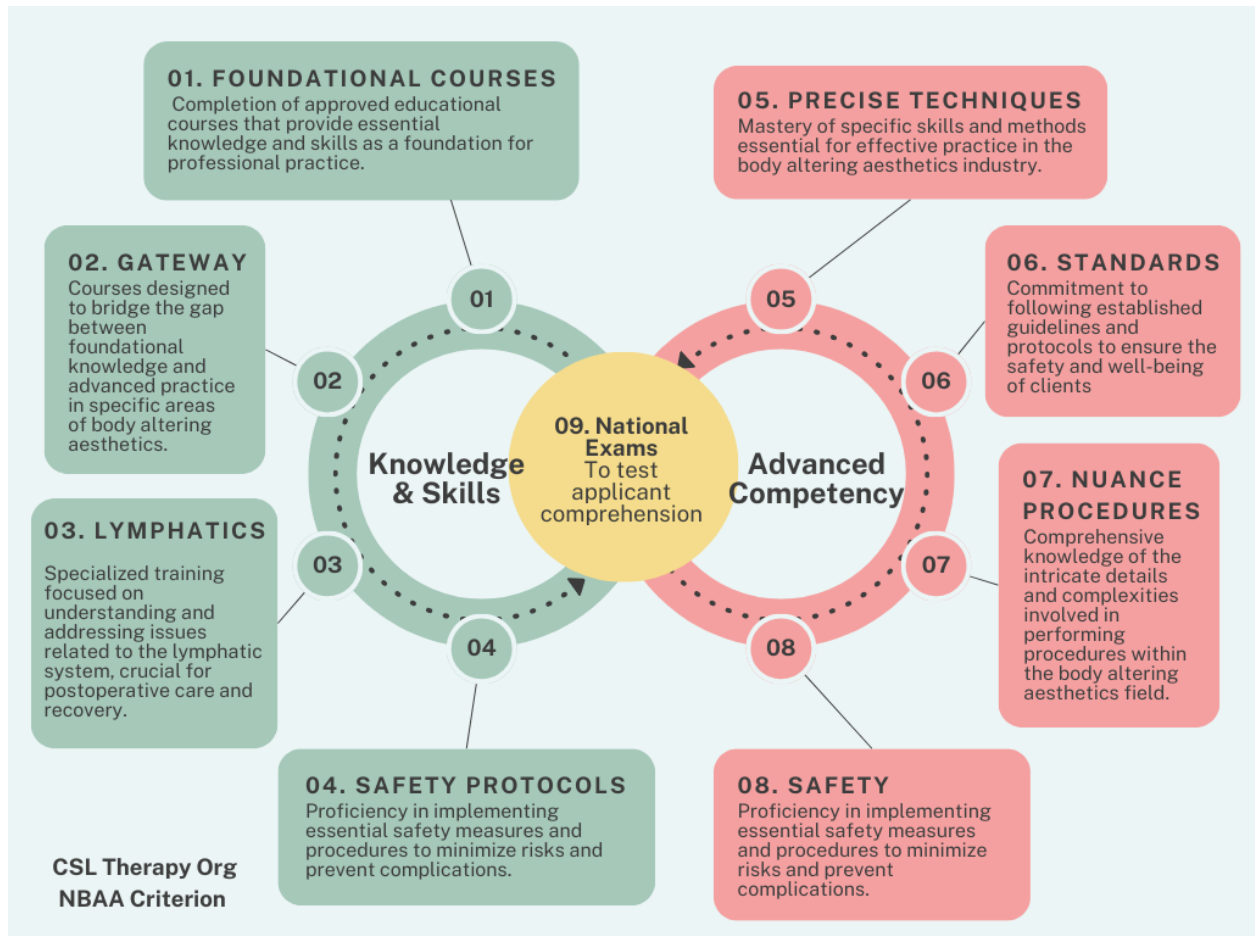
I. National Body Altering Aesthetics Competency Program

The National Body Altering Aesthetics Competency Program is an assessment system, developed and accredited by the [American Council of Body Altering Aesthetics](#), with a focus on gauging professionals' proficiency in the body altering aesthetics industry. This program has gained widespread recognition and adoption by various authoritative bodies such as Health Departments, Boards of Physicians, and Departments of Labor and Licensing. It stands as a benchmark for competency, with inclusions surpassing the minimum requirements set by the Federal Department of Education.

The development of this program is underpinned by a robust scientific method, integrating principles of cognitive learning, information acquisition, and knowledge retention. Our approach is rooted in a thorough understanding of how individuals learn, process information, and demonstrate retained knowledge. Through rigorous research and testing methodologies, we've crafted a multi-faceted assessment strategy that caters to diverse learning styles and testing modalities, ensuring a comprehensive evaluation of professionals' competence.

This program employs a sophisticated framework consisting of nine criterion tailored to evaluate proficiency in the body altering aesthetics industry.

1. Precise techniques
2. Adherence to standards of care
3. In-depth understanding of procedural nuances
4. Mastery of critical safety protocols
5. Accredited foundational courses for educational tracks
6. Gateway courses
7. Lymphatic training
8. Hands-on practicum
9. Proctored cognitive exams to test comprehension



These criteria encompass a broad spectrum of skills and knowledge essential for practitioners in this field, including but not limited to precise techniques, adherence to best practices, in-depth understanding of procedural nuances, and mastery of critical safety protocols. The program ensures practitioners have taken accredited foundational courses for their educational tracks, Gateway courses, lymphatic training, hands-on practicum, and proctored cognitive exams. Each criterion is rigorously analyzed to ascertain an individual's expertise, ensuring a thorough and comprehensive assessment of their capabilities within the industry.

The Board Certification Program meets every aspect of excellent treatment delivery for the Body Altering Aesthetics industry.

II. Benefits of Board Certification

The Board Certification process equips staff members with in-depth knowledge and expertise in critical areas such as standards of care, compression therapy, and the proper progression of post-surgical compression garments. This comprehensive training ensures staff members are proficient in addressing client needs, including manually managing edema fluctuations and understanding client ambulation requirements post-surgery. Attaining Board Certification demonstrates the office's commitment to excellence in patient care, elevating its reputation and fostering trust among clients.

The full benefits of an office becoming Board Certified in the Body Altering Aesthetics industry with the CSL Therapy Organization are multifaceted:

1. **Demonstration of Expertise:** Board Certification showcases a professional's commitment to excellence in the field. It represents a high level of proficiency, offering clients assurance of receiving quality services.
2. **Enhanced Credibility:** Board Certification enhances the credibility and reputation of professionals within the industry. It demonstrates adherence to recognized standards and best practices. It also establishes surgeons' commitment to excellence, providing their clients with better medicine.
3. **Office Growth:** Enhances the clinic's reputation, attracting new clients seeking high-quality care, and fostering loyalty among existing clients, thus driving revenue and expanding the practice's reach in the community.
4. **Client Trust:** Clients tend to trust Board Certified professionals more due to their recognized expertise and adherence to high ethical standards.
5. **Industry Recognition:** Board Certification provides recognition within the industry, fostering networking opportunities and collaborations with other certified professionals.
6. **Legal Protection*:** Certified professionals who abide by the regulations of the organization receive legal protection, Board representation and support from the CSL Therapy governing bureau, adding an extra layer of security and assurance.
7. **Continual Learning:** Maintaining Board Certification requires ongoing education and skill development, ensuring that professionals stay updated with the latest advancements in the field.
8. **Networking Opportunities:** Professionals who are board certified become part of a supportive community of like-minded peers, where they can exchange ideas, share experiences, and collaborate on projects, fostering professional connections and relationships that can lead to new opportunities and collaborations.

* Board Certified Professionals will receive paperwork in advance to show Health Department officials as well as Boards of Physicians should they receive a visit from local Health officials. CSL Therapy's legal representation will send letters on behalf of Certified Professionals, and extend virtual presence at any legal hearings or investigations. This legal protection is extended

under the condition that the Board Certified individual is within their rights and regulations outlined in [CSL Therapy Organizations Codes](#).

Other benefits of becoming board certified include increased job confidence and competence, greater job satisfaction, reduction in practice liability and most importantly improved patient outcomes. Office staff also increase their product selling potential from having the information to confidently recommend compression garments, post surgical supplies, and trauma remodeling products such as vitamins, drops, or emollients when becoming Board Certified. **Your facility will increase its bottom line while reducing center liability.** Additionally, board certification offers the opportunity for insurance benefits, as well as eligibility for participation in research studies and professional associations.

III. Types of Board Certification

Individual Provider (IP) Board Certification: For professionals that see clients outside of a Surgeon's office, Private Practice, Surgical Center, Clinic, or Ambulatory Center

Providers apply to become IP Board Certified in their desired Educational Tracks(s)

Surgeon's Office (SO) Board Certification: For professionals working at a Surgeon's office, Private Practice, Surgical Center, Clinic, or Ambulatory Center. These certifications include "THERAPIST" and admin "OFFICE" post surgical certifications

Surgeon's and/or Office managers are able to apply for SO Board Certification to care for clients Day 1-7 Post Op. An office can have a mix of two main certifications:

- ["Therapist" iMedic Post Surgical Board Certification](#)
- ["Office" iMed-OS Post Surgical Board Certification](#)

NonProvider (NP) Board Certification: These certifications feature advanced education and trainings to certify professionals in innovative, niche, and progressive comprehensions and skill sets

As CSL Therapy Certifications continue to develop and broaden their scope, they have progressed beyond solely offering certifications to professionals providing bodywork services for trauma remodeling. Their offerings now extend to NonProvider (NP) Certifications, catering to a wider range of individuals within the healthcare and wellness industry.

iMed-OS Post Surgical Certification

The iMed-OS Post Surgical Certification is designed for professionals working within surgical offices, private practices, medical clinics, or ambulatory centers who interact directly with surgical clients. Recognizing that every member of the office plays a vital role in a client's postoperative journey, this certification equips office staff with essential knowledge and skills to support clients effectively. Covering topics such as healing progress assessment, compression therapy guidance, Fajas recommendations, postoperative instruction clarification, iMedic lymphatic treatment scheduling, and identifying signs of complications, this certification ensures that office professionals are well-equipped to address client concerns and contribute to their Cosmetic Self Love Journey with confidence and competence.

The following certifications will become available in September 2024.

Pre and Peri-Op Coordinator Surgical Certification

The Pre and Peri-Op Coordinator Surgical Certification is a comprehensive certifying program designed for professionals tasked with guiding clients through the intricate process of preparing for cosmetic surgery and navigating the pre and perioperative phases. This certification equips coordinators with the knowledge and skills needed to support clients at every step of their journey-- before the journey begins, from initial consultation to initial post-operative care. They are able to guide them through the 8 Phase of a Cosmetic Self Love Journey inclusive of (but not limited to):

Phase 1: Selecting a surgeon based on their body type + appropriate Procedures

Phase 2: Budgeting

Phase 3: Labs & Clearances

Phase 4: Accommodations and Care

Phase 5: Supply Procurement + PostOp Treatment schedules

Phase 6: Lifestyle Shifts

Phase 7: The Actual Sx

Phase 8: Maintenance

In covering topics such as pre-operative assessments, surgical preparation guidelines, perioperative coordination, and post-operative support strategies, this certification ensures that coordinators can provide clients with personalized guidance and assistance tailored to their unique needs and circumstances. This certification can help coordinators suggest timelines of best professional practices for clients to follow for losing weight safely, stopping supplements; educating clients on how to work with their PCP to navigate their hemoglobin levels, and more. Additionally, the certification emphasizes the importance of fostering a supportive and empathetic client-coordinator relationship, ensuring that clients feel informed, empowered, and reassured throughout their Cosmetic Self Love Journey.

Air Flight attendant Post Surgical Certification

The Air Flight Attendant Post Surgical Certification is specifically tailored to train flight attendants in providing optimal care and support to clients who have recently undergone surgical procedures. This certification equips flight attendants with essential knowledge and skills to ensure the safety, comfort, and well-being of post-operative clients during air travel. Some clients fly with drains, open wounds, and potentially communicable presentations that due to air cabin pressure pose a risk to themselves as well as other passengers. In covering topics such as post-operative care protocols, recognizing signs of distress or complications, and

effective communication strategies with medical personnel on board, this certification enables flight attendants to effectively address the unique needs and challenges-- should they present-- faced by post-surgical passengers.

Additionally, the certification emphasizes the importance of creating a supportive and accommodating environment for post-operative clients, including providing assistance with mobility, ensuring access to lifesaving medical supplies, and offering guidance on proper positioning and comfort measures during the flight. Flight attendants certified in Air Flight Attendant Post Surgical Certification learn to mitigate risks and reduce liability for airlines, surgical clients, as well as other passengers by ensuring the safe and smooth transport of post-operative clients while upholding the highest standards of care and professionalism.

Plastic Surgery Nutrition Certification

The Plastic Surgery Nutrition Certification equips healthcare professionals with the knowledge and skills required to guide clients through post-surgical healing journeys. With a focus on proper nutrition and high nutritional intake, this program ensures clients receive optimal dietary support for efficient recovery without compromising safety or surgical outcomes. Professionals learn to tailor nutrition plans or suggest basic nutritional guidelines to individual client needs, addressing factors such as wound healing, inflammation reduction, and immune system support. Through evidence-based practices and nutritional guidelines, participants gain confidence in providing exceptional care and support to clients undergoing plastic surgery procedures.

Plastic Surgery Wound Care Certification

The Plastic Surgery Wound Care Certification offers advanced training to allied healthcare providers in managing complex surgical wounds. Whether clients present with incisional lines, stitch rejection, or lipo burns, this certification equips professionals to tackle challenges with precision and confidence. Participants acquire advanced wound care techniques, such as wound assessment, dressing selection, and infection prevention strategies. These skills aim to promote optimal healing outcomes while safeguarding aesthetic results and skin integrity. Adopting a multidisciplinary approach and evidence-based practices, this certification ensures healthcare providers are equipped with the necessary skills to deliver superior care during the healing process.

CSL Triage Certification

The CSL Triage Certification trains hospital professionals to effectively manage plastic surgery clients in emergency room settings. With an emphasis on timely and appropriate care, this certification equips staff to triage and manage these cases efficiently. Participants learn to assess client presentations, identify potential complications, and initiate appropriate interventions while adhering to established standards of care and patient safety protocols. Through clear communication, collaboration, and critical thinking, hospital professionals can confidently navigate plastic surgery-related emergencies, minimizing risks and optimizing patient outcomes.

IV. Materials included with SO Board Certification

Surgeons Office Board Certification comes with tangibles, resources, and digital products.

CSL Precis..... 1 Hard Copy per office

The CSL Precis is a comprehensive book that serves as a foundational resource in the field of Body Altering Aesthetics. It covers topics related to surgical care, aesthetic treatments, and postoperative care protocols. The Precis provides in-depth information on industry standards, best practices, and safety measures, ensuring practitioners have a solid understanding of the principles and procedures involved in the field. It serves as a valuable guide for professionals seeking to enhance their knowledge and skills in Body Altering Aesthetics. Upon completing a course, a certification will be generated.

Each office will receive 1 Hard copy via USPS. Additional copies may be ordered. Staff will be provided with a digital copy.

iMedic Baseline Exam..... 1 per THERAPIST

All professionals being certified must complete an iMedic Baseline Exam to assess their proficiency and understanding of key concepts and practices within the iMedic Post Surgical aesthetics field. These exams will be administered online.

SO Post Surgical Office Course..... 1 per Office Applicant

The "Surgical Client Care Essentials" online course is designed to bridge the gaps in pre and postoperative care within a surgeon's office. Covering guidelines from CSL Therapy's standards of care, this course provides comprehensive training on accredited postoperative instructions, compression therapy techniques, lymphatic edema management, and pain management strategies. Additionally, it equips office staff with skills in client advocacy, support, and effective product upselling. Participants will also gain insights into available resources for both themselves and their surgical clients, enhancing overall client care and satisfaction.

Onsite Training (if applicable)

The onsite training program offers a tailored solution for therapists who may not have passed the iMedic Baseline Exam, ensuring they acquire the necessary skills to deliver comprehensive care to clients during the critical Day 1-7 postoperative period. This intensive 1-day, 7-hour course combines theoretical learning with practical hands-on experience, including clinical labs and workbook exercises. Participants will receive personalized instruction aimed at addressing

knowledge gaps and enhancing their competency. Upon completion of the training, therapists will undergo a final exam to assess their understanding and proficiency in delivering postoperative care.

Quarterly Staff CEUs

The Quarterly CEUs program offers a convenient and accessible way for certified office staff to fulfill their continuing education requirements for annual renewal of Board Certification. As a key component of the Board Certification process with CSL Therapy Organization, these CEUs are provided at no additional cost to Surgeon Office Board Certified healthcare professionals. Accredited by the American Council of Body Altering Aesthetics, these CEUs cover a range of relevant topics to ensure ongoing professional development and adherence to industry standards. Participants can conveniently access these CEUs on a quarterly basis, allowing them to stay up-to-date with the latest advancements and best practices in the field.

V. Lymphatic Drainage Class Requirement

All therapists seeking Surgeon Board Certification must have successfully completed a specialized Lymphatic Drainage Course. This requirement ensures that providers possess the necessary skills and knowledge to deliver safe and effective care to clients. It's important to note that the lymphatic drainage course cannot be integrated into the therapist's standard Massage School curriculum. To fulfill the Lymphatic Drainage requirement for Surgeon Office (SO) Board Certification, the course must be obtained from an external, standalone certification program. While certification from the Lymphology Association of North America (LANA) is preferred, it is not mandatory for eligibility.

VI. Surgeon Office Board Certification Process

1. Start and complete the application for SO Board Certification.
2. Schedule *SO Board Certification Onboarding meeting* (approximately 30 min). This will gather the needed information to mail out course materials, create staff accounts, and answer additional questions associated with the accrediting certification process for your office.
3. Have office staff log into their CSL Therapy back office account and locate your "IP Board Certification Dashboard."
4. Have staff enroll and complete the **"iMedic Baseline Exam"**
5. Have staff enroll and complete **"SO Post Surgical Office Course"**
6. Staff will Submit their 3 required Specimen for Certification:
 - a. Certificate from Gateway Course: Access the CSL Precis Book, read it thoroughly, and complete the 30-question online quiz. The quiz tests comprehension of the Body Altering Aesthetics industry. It may be attempted twice before staff will be locked out. If locked out, contact welcome@csltherapy.org to unlock your account.
 - b. Lymphatic Drainage Course Certificate: Obtain additional training outside of your massage or esthetics school specialized in the lymphatic system.
 - c. Recorded Practicum: Provide a recorded 75-minute session inclusive of measurements and photos, with a 60-minute hands-on bodywork component. Review the practicum guidelines for expectations. The client does not have to be an actual client. If onsite training is done, practicums may be conducted in person. Be sure to have the client that volunteers for the session to complete a media release form. Note: the submission remains confidential.

Submit each specimen as you locate or provide them. Note that your application cannot be processed until all 3 specimens are received from all applying office staff members.

7. Your specimen will be reviewed by a Proctoring team from CSL Therapy's Board of Examiners and one member from the Governing Bureau.
8. Upon receiving all 3 specimen, the review process takes 7-10 business days.
9. Successful SO Applying facilities will receive a letter via USPS informing them of their Registered Board Certification status.
10. Within 30 days, Applicant Facilities will receive their Board Certification welcome packet and Official Certification with an official seal in the mail. Allow time for

shipping. The Registered IP Board Certification is valid for 12 calendar months, during which applicants will complete Quarterly CEUs in preparation for Board Renewal.

11. Unsuccessful applicants will be notified via email and given the opportunity to resubmit any missing or incorrect items within 30 days.

VII. SO Board Certified Educational Track: Incisional Science & Technology

The CSL Therapy iMedic educational track is designed to provide healthcare professionals with the necessary knowledge and skills to effectively and safely practice Incisional Sciences--treating clients from Day 1 until Day 7 after their surgical procedure.

The modality of Incisional Drainage differs from that of Ambi Massage, lymphatic massage, or any of the mis-nomenclatured approaches. CSL Incisional Drainage is a standardized approach to working with clients who have active incisions after a procedure. It outlines:

- Who can provide these treatments
- Protocols to be followed
- Hygiene, wound care, and PPE needed
- Sanitation and proper disposal of biohazard materials that follow OSHA + HIPAA laws
- When treatments should be stopped
- Including clients in on their treatments, educating them and how to “Announce Steps” as the provider moves through the treatment
- SOP on receiving informed consent to provide services, including but not limited to SOAP noting, media release forms for pre and post documenting photos, and measurement
- CSL quipping during the session to educate clientele with accurate information
- KT tape application and removal certification requirements
- Recommended frequency of treatments based on procedures

In addition, participants will become familiar with classification of the specific devices used in CSL Therapy iMedics, and gain an understanding of their functions, limitations, and safety precautions on devices for Incisional Sciences. The course also addresses the ethical considerations and professional standards relevant to CSL Therapy iMedic practice, ensuring participants are equipped with the basic necessary knowledge to grow in this Incisional Science Study to provide high-quality, responsible care to their clients.

Educational Track Objectives:

- Understand the professional, jurisdictional, and personal components of the CSL iMedic Therapist’s scope of practice.
- Familiarize participants with the unique body of knowledge and evidence-based practice in CSL Therapy.
- Comprehend the legal and regulatory requirements governing CSL Therapy practice within the iMedic scope.
- Develop proper nomenclature in manual manipulation and mobilization techniques for soft tissue, specifically focusing on incisions.

- Demonstrate adherence to PPE compliance and sanitation protocols during CSL Therapy iMedic treatments.
- Acquire knowledge of Class 1 CSL devices, their appropriate usage, and limitations.
- Recognize complications related to CSL Therapy and refer clients appropriately within scope of practice.
- Understand the restrictions and considerations related to iMedic treatments.
- Develop effective documentation and record-keeping skills in CSL Therapy iMedic practice.
- Uphold ethical standards, maintain professionalism, and respect boundaries in CSL Therapy iMedic practice.

Completion of this course will enable participants to practice CSL Therapy within the iMedic scope, providing incisional manipulation treatments to clients in compliance with legal requirements and professional standards. Participants will receive a certification upon successful completion of the course, demonstrating their competence and readiness to deliver quality CSL Therapy care in the iMedic context.

VIII. Associated Costs

Costs associated with becoming SO Board Certified will vary slightly due to the classes you choose to take before applying to become Board Certified, as well as your performance on your National Exam. However, the Board Certification process is straightforward, consistent, and affordable.

Certification Fees

SO Board Certification Application	\$2,499-\$3,499
Includes...	
1 CSL Precis hardcopy + CSL Precis Course & Quiz	
iMedic Baseline Exam*	
Surgical PostOp Office Course	
Recorded Practicum	
1 Quarterly CEU	

Additional Fees

Additional CSL Precis Books (optional)	\$39 each
Future Staff SO Certification	\$499 per person
Onsite training for Therapists (if applicable)	\$699 per therapist
Board Certification Renewal Fees	\$100
Licensure Fees	Varies by State

* Should a therapist not pass the Baseline exam with 85% or more, they will be required to take a 1-day onsite training to supplement their comprehension and skillset.

Licensure will be given out by state once legislation is introduced within your respective state. Certifications and qualifications that lead to licensure are handled by CSL Therapy Organization. To apply for a license, applicants will need to go through a Board Certification process first.

IX. Future Staff & Company Growth

The Surgical Office Board Certification program offers a tailored approach, allowing facilities to select the program level that best suits their current needs. This flexibility enables facilities to plan ahead for potential growth or changes in staffing requirements. Should the needs of the facility evolve over time, additional Board Certification applicants can be seamlessly added to the program at a later date.

You have the option to pay for the number of providers currently employed at your facility, with the flexibility to plan for future growth or accommodate professional turnover. Additionally, the program allows you to prepay for professional spaces, such as iMed-OS or therapist iMedical Board Certification trainings, at a discounted rate. These spaces can be added on later as needed, ensuring seamless integration with your facility's evolving needs.

In the event of turnover or company growth leading to the hiring of new staff, it is essential for these individuals to undergo Board Certification before they can begin working with clients. While it is optional for office staff to pursue Board Certification, it is mandatory for therapists who will be performing post-surgical treatments on clients. The cost of adding additional staff to the current Board Certification is \$499, following the same process outlined in the initial Surgical Office Board Certification program.

X. Time Commitment

The process of becoming SO Board Certified with CSL Therapy involves several steps, each requiring a different amount of time commitment.

Firstly, the applying surgeon, the office manager, or someone from the facility's Chief of Staff must register for the certification process. From there, a meeting will be arranged to establish the required accounts. And then the office staff must complete the required courses and assessments. The time required for this step varies depending on the staff's pace and availability.

Once all necessary courses have been completed, it will be determined if an onsite training needs to be scheduled and conducted. Once CSL Therapy has obtained all required certificates and recorded practicums, they will submit the facility's specimen for review to the American Council of Body Altering Aesthetics for review and processing. The submission and review process typically takes 7-10 business days.

It's important to note that any delays in the review process may occur if the applicant is missing materials or information.



XI. SO Board Certified Scope of Practice

1. Follow Standards of Care: Board Certified professionals are expected to adhere to the Standards of Care established by CSL Therapy Organization. These standards ensure the delivery of high-quality care and treatment to clients within the Body Altering Aesthetics industry.
2. Promote Health Client/Therapist Relationship: Professionals should foster a healthy client/therapist relationship characterized by trust, respect, and confidentiality. Professional interactions should always prioritize the well-being and privacy of the client.
3. Abide by Codes of Conduct: Professionals must abide by the Codes of Conduct set forth by CSL Therapy, which govern ethical behavior, integrity, and professionalism in the practice of Body Altering Aesthetics.
4. Uphold the Hippocratic Oath: Board Certified professionals are expected to uphold the principles of the Hippocratic Oath, which include commitments to patient welfare, confidentiality, and ethical practice.
5. Remain within Scope of Practice: Professionals must operate within the Scope of Practice outlined for their chosen educational track(s) and certified positions as specialists and clinicians. They are permitted to provide treatments and information based on scientific evidence and facts presented by CSL Therapy but must refrain from performing any procedures, services, or diagnostics outside of their scope of practice. This is explicit to providing care to clients who are Day 1-7 postOp.
6. Conduct and Participate in Research: Board Certified professionals have the opportunity to conduct and participate in research studies within the medical community and American healthcare system to advance the Body Altering Aesthetics industry.
7. Teaching Restrictions: While Board Certified professionals may engage in educational activities related to Body Altering Aesthetics, they are not permitted to teach unless they apply to become a licensed educational partner with CSL Therapy through the Advanced Scholastic Trainer (AST) Program.

Professionals that adhere to these guidelines and standards embody the essence of the highest educational and professional caliber. With this scope of practice, IP Board Certified professionals can contribute to the advancement and integrity of the Body Altering Aesthetics industry while ensuring the safety and well-being of their clients.

XII. Certification Tenure

Professionals will retain their Board Certification for 12 calendar months from the date of Board Certification approval. This must be renewed annually per office. Each Certified member renewal is \$100. To be eligible for renewal, applicants must have completed 4 CSL Therapy CEU throughout the year. Maintaining Board Certification is contingent upon ongoing compliance with CSL Therapy's Codes and regulations, adherence to their defined scope of practice, and the continued adherence to the Hippocratic oath.

In cases where a complaint is lodged against a Board Certified professional, CSL Therapy will initiate an investigation to determine the appropriate course of action. Possible actions include, but are not limited to, assigning continuing education courses, mediation, peer counseling, suspension of benefits, suspension of Certification and ability to practice, or revocation of Board Certification.

CSL Therapy Codes and Regulations can be accessed here:

<https://csltherapy.org/csl-regulatory-violations/>

