

# Rights & Regulations for CBAA Members



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# Certified Body Altering Aesthetics (CBAA) Members Rights

## **Practice Authority**

Certified Body Altering Aesthetics (CBAA) members have the right to perform and practice BAA services as defined by their respective scopes of practice under active board certifications, free from misclassification, regulatory ambiguity, and unauthorized encroachment from unrelated fields. While they remain active CBAA members, they will receive official representation before regulatory agencies, public recognition through the CBAA registry, access to industry resources, and the use of certification marks and post-nominals in accordance with CBAA guidelines.

CBAA Members are entitled to:

- Educational resources and industry updates
- Networking and collaboration opportunities
- Certified professional badges and recognition
- Marketing support and directory listings
- Member-only pricing and access to continuing education
- Participation in strategic and advocacy initiatives
- Participate in advisory roles
- Make submissions for amendments to the Codex of Clinical Benchmarks
- CBAA Voting rights

## **Voting Rights**

Certified members in good standing shall have voting rights on:

- Codex of Clinical Benchmark submissions
- Creation of new committees
- Awards and recognition recipients
- Advocacy or strategic initiatives

Certified members shall not vote on matters of internal governance, including but not limited to board appointments, officer elections, or amendments to organizational structure, unless otherwise specified in these bylaws.

## **Codex of Clinical Benchmark submissions**

The Codex of Clinical Benchmarks is the authoritative reference for the Body Altering Aesthetics (BAA) industry, establishing the standards, protocols, and clinical expectations that guide certified practitioners. It serves as the foundational doctrine for safe, effective, and trauma-responsive bodywork, providing benchmarks for treatment, training, and professional accountability. This Codex is actively utilized by colleges, hospitals, vocational schools, policymakers, surgical facilities, and certification testing organizations to ensure consistent, high-quality education, assessment, and clinical practice across the industry. Additionally, it informs regulatory guidance and is recognized as a reference for compliance, public safety, and professional oversight within BAA.

Maintenance and amendments to the Codex are conducted collaboratively by certified members, stakeholders, and shareholders, reflecting the collective expertise of the industry. CBAA members who are also active participants in the Members of Better Medicine Association (MBMA) have the exclusive opportunity to submit amendment suggestions, allowing them to directly influence the evolution, innovation, and refinement of this essential industry doctrine. Participation in this process is a unique privilege, reserved for those fully certified and actively engaged in shaping both the practice standards and regulatory framework of BAA.

## **Committees**

Upon confirmation of certification, members will be extended an invitation to join a BAA-CORE Federation Committee. This opportunity is reserved only for certified professionals and represents a unique path to contribute directly to the fabric of the organization. Committee participation offers members an exclusive seat at the table where the direction and innovation of the Body Altering Aesthetics industry is shaped.

# Regulations of CBAA members

The Regulatory Governing Bureau is charged with promoting quality CSL Therapy care and Standards of Care to be adhered to by practitioners in the Body Altering Aesthetics (BAA) industry. In furtherance of these goals, the Bureau can refer violations to the BAA-CORE Federation (BCF) Disciplinary Committee for investigations, corrective actions, fines, or escalated referrals.

The grounds for practice suspension in America are many and varied. Because the Bureau of CSL Therapy advocates and promotes compliance of Certified Body Altering Aesthetics (CBAA) members performing Body Altering Aesthetics by unlicensed + registered aestheticians, licensed practical massage therapists, advanced practice registered nurses, certified nursing assistants, certified medical technicians, licensed electrologists, and licensed cosmetologists, the organization exercises governance over members through partnerships with other medical boards, health departments, and state attorney general offices.

The regulations of our applicants, certificants, and licensees\* (where applicable) are held to create the gold standard for the safety of stakeholders and the general public. CSL Therapy Organization (hereafter referred to as "CSL Therapy") is committed to upholding the highest standards of patient privacy, confidentiality, and client care in Body Altering Aesthetics.

The regulations set forth are the safety standards for all providers performing services on the general public. While our jurisdiction only extends to CBAA members, should a safety concern be introduced to our Bureau or any of our Commission of Aesthetics Health Safety committees about non-certified members/facilities presenting harmful acts that fall outside of these safety standards, the concerns may be escalated if we are unable to resolve them internally.

\* Note: We do not offer/provide licenses. Licensure is through the state. As legislation progression continues, certification holders will become eligible for licensure. Over time there will be a mixture of board certification holders and license holders. These regulations are written for mixed demographic professionals (applicants, grandfathered providers, board certification holders/CBAA members, and license holders) operating in the Body Altering Aesthetics industry.

# Regulatory Codes

1. Regulation Number: CSL-RGB-001. Patient Privacy and Confidentiality.
2. Regulation Number: CSL-RGB-002. Informed Consent.
3. Regulation Number: CSL-RGB-003. Competence.
4. Regulation Number: CSL-RGB-004. Safe Medication Awareness & Supplement Support.
5. Regulation Number: CSL-RGB-005. Ethical Conduct.
6. Regulation Number: CSL-PB-006. Professional Boundaries.
7. Regulation Number: CSL-RGB-007. Reporting Unsafe Practice and Abuse/Neglect
8. Regulation Number: CSL-RGB-008. Documentation.
9. Regulation Number: CSL-RGB-009. Cultural Competence.
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11. Regulation Number: CSL-RGB-011. Professional Appearance.
12. Regulation Number: CSL-RGB-012. Emergency Response.
13. Regulation Number: CSL-RGB-013. Scope of Practice.
14. Regulation Number: CSL-RGB-014. Patient Advocacy.
15. Regulation Number: CSL-RGB-015. Pressure Application.
16. Regulation Number: CSL-RGB-016. Infection Control.
17. Regulation Number: CSL-RGB-017. Domiciliary Environments Conversion
18. Regulation Number: CSL-RGB-018. Treatment Procedures.
19. Regulation Number: CSL-RGB-019. Supervision & Oversight.
20. Regulation Number: CSL-RGB-020. Advertising and Marketing.
21. Regulation Number: CSL-RGB-021. Client Complaint Resolution.
22. Regulation Number: CSL-RGB-022. Client Education.
23. Regulation Number: CSL-RGB-023. Quality Assurance and Improvement.
24. Regulation Number: CSL-RGB-024. Non-Discrimination.
25. Regulation Number: CSL-RGB-025. Record Retention.
26. Regulation Number: CSL-RGB-026. Internal Conflict Resolution.
27. Regulation Number: CSL-RGB-027. Equipment and Facility Safety.
28. Regulation Number: CSL-RGB-028. Cross Lateral Scope of Practice for Different Levels of Certification.
29. Regulation Number: CSL-RGB-029. Use of Protective Equipment.
30. Regulation Number: CSL-RGB-030. Follow-Up and Aftercare.
31. Regulation Number: CSL-RGB-031. Insurance and Liability.
32. Regulation Number: CSL-RGB-032. Adherence to Research Ethics.
33. Regulation Number: CSL-RGB-033. Patient Abandonment.
34. Regulation Number: CSL-RGB-034. Negligence.
35. Regulation Number: CSL-RGB-035. Fraudulent Billing.
36. Regulation Number: CSL-RGB-036. Diversion of Medications.
37. Regulation Number: CSL-RGB-037. Substance Abuse.
38. Regulation Number: CSL-RGB-038. Misappropriation of Patient Property.
39. Regulation Number: CSL-RGB-039. Impersonation.
40. Regulation Number: CSL-RGB-040. Patient Neglect.
41. Regulation Number: CSL-RGB-041. Physical or Verbal Abuse.

- 42. Regulation Number: CSL-RGB-042. Discharge.
  - 43. Regulation Number: CSL-RGB-043. Patient Privacy Breach.
  - 44. Regulation Number: CSL-RGB-044. Inadequate Supervision of Assistive Personnel.
  - 45. Regulation Number: CSL-RGB-045. Client Handoff Communication.
  - 46. Regulation Number: CSL-RGB-046. Eligibility to Teach in The Body Altering Aesthetics Industry.
  - 47. Regulation Number: CSL-RGB-047. Accessibility & Disability Accommodations.
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## Regulations

Certificants & licensees shall be referred to as “applicants”, “therapists”, “providers”, &/or “[BAA] bodyworkers” referring to persons applying/performing BAA bodywork treatments on the public.

### 1 Regulation Number: CSL-RGB-001. Patient Privacy and Confidentiality.

#### **001.1 Confidentiality Agreement:**

- Applicants shall sign a client confidentiality promise agreement upon certification or licensure, acknowledging their commitment to protecting patient privacy and confidential information.

#### **001.2. Protected Health Information (PHI):**

- Applicants shall handle all patient-related information, including but not limited to medical records, treatment notes, and personal details, with the utmost care and in compliance with applicable laws (e.g., Health Insurance Portability and Accountability Act, or HIPAA).

#### **001.3. Limited Access:**

- Applicants shall restrict access to patient information to only those individuals directly involved in the patient’s care or authorized for legitimate purposes, ensuring that unauthorized personnel do not have access to patient records.

#### **001.4. Secure Storage:**

- Applicants shall securely store all physical and digital patient records, ensuring protection against theft, loss, or unauthorized access. Data must be retained for 5yrs post treatment in accordance with § 001.11 detailing.

#### **001.5. Information Sharing:**

- Applicants shall only share patient information with other healthcare providers or entities as required for patient care, treatment coordination, or as permitted by law, and with proper patient consent.

**001.6. Informed Data Sharing Consent:**

- Applicants shall obtain informed consent from patients before disclosing any patient-related information, explaining the purpose and scope of the disclosure.

**001.7. Electronic Data Security:**

- Applicants shall implement and maintain secure electronic systems and protocols to protect patient information from data breaches or cyberattacks.

**001.8. De-Identification and Anonymization:**

- Applicants shall de-identify, redact, or anonymize patient information when possible, removing any personally identifiable information before use in research or educational activities.

**001.9. Reporting Breaches:**

- Applicants shall promptly report any actual or suspected breaches of patient privacy or confidentiality to the CSL Therapy Organization through the BCF Ethics Committee and, when required by law, to the appropriate authorities and affected individuals.

**001.10. Applicant Education and Training:**

- Applicants shall undergo periodic training and education on patient privacy and confidentiality to stay updated with evolving laws and best practices.

**001.11. Record Retention:**

- Applicants shall maintain complete and accurate patient records for a minimum of five (5) years, or longer if required under applicable laws, regulations, or organizational requirements.
- Records must be preserved in either paper or electronic format, ensuring they remain legible, accessible, and unaltered throughout the retention period.
- Access to records shall be restricted to authorized personnel only, in compliance with all confidentiality and privacy regulations.
- Records subject to investigation, litigation, or audit shall be retained beyond the standard retention period until final resolution.
- Secure disposal of records is required once retention obligations have been satisfied. Acceptable methods include shredding, incineration, or digital deletion, ensuring records cannot be reconstructed or accessed.

**001.12. Non-Disclosure:**

- Applicants shall not disclose or discuss patient information outside of necessary professional communication, ensuring that all discussions protect patient privacy and confidentiality.
- Patient information may only be shared when the patient has provided documented authorization through communication/authorization forms, or as otherwise permitted under applicable laws and regulations.
- All disclosures shall follow the minimum necessary standard, limiting information shared to what is directly relevant to the authorized purpose.
- Prior to releasing information, staff must verify the identity and authority of the requesting party.
- All disclosures, whether authorized or legally required, must be documented in the patient's record, including the date, recipient, and nature of the information shared.

*RGB last updated August 1, 2025*

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## 2 Regulation Number: CSL-RGB-002. Informed Consent.

### **002.1. Explanation of Treatment:**

- Applicants shall provide a clear and comprehensive explanation of the intended CSL Therapy treatment at the start of every session, including technique and device integration; its purpose, potential benefits, and any potential risks or side effects. Every session will start with a breakdown of treatment to the client, and the BAA bodywork provider will receive verbal informed consent of agreeable discern. *See § 022.*

### **002.2. Discussion of Alternatives:**

- Applicants shall discuss any available alternative treatments or approaches to address the client's needs should the client present apprehension, allowing the client to make an informed choice.

### **002.3. Risks and Benefits:**

- Applicants shall inform clients of potential risks, benefits, and expected outcomes associated with the BAA treatment, taking into account the client's unique circumstances. *See § 022.*

### **002.4. Opportunity for Questions:**

- Applicants shall provide clients with an opportunity to ask questions and seek clarification about the treatment, risks, or any other related concerns.

### **002.5. Voluntary Consent:**

- Applicants shall ensure that informed consent is obtained voluntarily from the client without coercion, pressure, or deception.

### **002.6. Documentation:**

- Applicants shall document the informed consent process, including the client’s understanding of the treatment and their voluntary agreement to proceed. This may be done on SOAP documentations as “*consented*” or “*CSD*”.

#### **002.7. Capacity and Competence:**

- Applicants shall assess the client’s capacity and competence to provide informed consent, taking into consideration factors such as age, cognitive ability, medicative state, and mental health status.
- If the client is determined not to be in a suitable frame of mind or lacks capacity to provide informed consent, the service shall not proceed until the client’s decision-making ability is restored or proper authorization is obtained from a legally recognized guardian, healthcare proxy, or other authorized representative. The provider must document the concern and the actions taken in the client record.

#### **002.8. Consent Forms [when applicable]:**

- Applicants shall use written consent forms [when appropriate], clearly outlining the treatment, risks, benefits, and alternatives, and ensuring that the client signs and receives a copy of the form. This may be on intake waiver, service agreement, or other.

#### **002.9. Consent for Photography or Recording:**

- If photography or recording is part of the treatment process, applicants shall obtain separate, explicit consent from the client for such purposes through a media release form.

**002.10. Ongoing Informed Consent:** Applicants shall obtain ongoing informed consent for each session OR significant change in the treatment plan. The release and intake forms may be updated to permit ongoing use and/or treatment.

**002.11. Language and Cultural Competence:** Applicants shall ensure that informed consent discussions are conducted in a language the client understands and in a culturally sensitive manner, offering interpreters or translated materials when necessary. See §§ 009, 0024.2.

*RGB last updated August 1, 2025*

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### **3 Regulation Number: CSL-RGB-003. Competence.**

#### **003.1. Scope of Practice:**

- Applicants shall practice within their defined scope of practice as outlined by CSL Therapy & the BCF. This includes adhering to the specific CSL Therapy techniques and treatments for which they are certified or licensed.
- Applicants shall separate their services when licensed under a separate regulatory board. Services provided under that license must be presented on a distinct service menu from Body Altering Aesthetics offerings, ensuring clear jurisdictional separation. This distinction prevents public confusion and avoids any appearance that BAA services are delivered under a regulated medical or professional license that does not include them within its scope.

### **003.2. Continuing Education:**

- Applicants shall actively engage in continuing education to stay current with advances in CSL Therapy techniques, research, and best practices. A minimum of 12 continuing education hours shall be completed every year to maintain BAA certification or BAA licensure.
- Applicants may apply continuing education credits (CEUs) earned from other accredited industries (e.g., massage therapy, nursing) toward BAA certification renewal, provided the course has been formally accredited or peer-reviewed. Non-BAA courses must be submitted for CEU crossover approval, ensuring only qualified CEUs— rather than general classes— are accepted.

### **003.3. Self-Assessment:**

- Applicants shall regularly self-assess their knowledge, skills, and abilities to identify areas in which further training or improvement is needed.

### **003.4. Professional Development:**

- Applicants shall actively seek opportunities for professional development, which may include attending workshops, seminars, and conferences related to CSL Therapy.

### **003.5. Mentorship and Supervision:**

- Applicants who are new to the field should seek mentorship and guidance through shadowing &/or fellowships from experienced CSL Therapists to enhance their competence and skills.

### **003.6. Certification and Licensure Maintenance:**

- Applicants shall ensure that their certifications and licenses are current and in good standing, including meeting all renewal requirements.
- Board Certification Renewal requirements:
  - 12 CEUs per year
  - 1 fellowship
  - Proof of insurance

### **003.7. Patient Safety:**

- Applicants shall prioritize patient safety in all aspects of their practice, ensuring that their competence contributes to the overall well-being of clients.

### **003.8. Evaluation of Competence (through internal investigations):**

- If a complaint is filed, CSL Therapy may evaluate the competence of Applicants through aptitude assessments or other means to ensure ongoing compliance with safety standards.

### **003.9. Remediation:**

- If a certificant or licensee is found to be lacking in a specific area, CSL Therapy may require remediation or additional training to address the deficiency.

### **003.10. Ethical Conduct:**

- Applicants shall maintain the highest ethical standards in their practice, including honesty, integrity, and transparency— all in accordance with the BAA Code of Ethics & Professional Conduct.

#### **003.11. Educational competence/incompetence:**

- Educators in the Body Altering Aesthetics industry must maintain competent compliance of educational experience before opting to teach and pass on body altering aesthetics educational material. Teachers must display a level of aptness and competence to avoid violation of negligence and incompetence towards the general public. See §§ 034, 046.

*RGB last updated August 1, 2025*

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## **4 Regulation Number: CSL-RGB-004. Safe Medication Awareness & Supplement Support.**

### **004.1. Medication and Supplement Awareness:**

- Applicants shall maintain awareness of commonly used medications and supplements that may impact a client's health or CSL Therapy treatment outcomes.

### **004.2. Client Assessment:**

- Before discussing any medication or supplement with a client, applicants shall conduct a thorough client assessment to understand the client's health history, current medications, allergies, and overall health condition.

### **004.3. Educating Clients:**

- Applicants shall provide clients with evidence-based feedback regarding the potential benefits, risks, and limitations of supplements related to their specific BAA treatment goals. While CSL Therapists are never to prescribe, diagnose, nor administer medications, clients may have questions about them in contrast to their ongoing treatments; providers need to be versed on identifying resources within scope of practice, and be able to refer clients out for client medication needs outside of scope.

### **004.4. Non-Prescriptive Role:**

- Applicants shall not prescribe medications or supplements, as this falls outside the scope of their practice. They may, however, offer general information and suggest that clients consult with their healthcare providers for personalized advice. Any supplements offered in office need to come with a posted label for a client to discuss supplement application with their primary care physician.

### **004.5. Ethical Recommendations:**

- Applicants shall make recommendations for supplements and discuss a client's medications [that have been prescribed by a doctor] in an ethical manner, emphasizing the importance of consulting with a qualified healthcare professional before making any decisions. They should avoid making false claims or health guarantees outside of the product labeled guidelines.

**004.6. Documented Communication:**

- Applicants shall document all discussions related to medication or supplement suggestions, including client questions, recommendations, and referrals to healthcare providers. They shall also document any supplement purchases clients have made from them for liability reasons.

**004.7. Non-Interference:**

- Applicants shall not interfere with a client's existing medications or supplements without the explicit knowledge and consent of the client's healthcare provider, or extensive training outside of CSL Therapy.

**004.8. Privacy and Confidentiality:**

- Applicants shall maintain the privacy and confidentiality of client information, especially when discussing medications or supplements, in compliance with applicable laws and regulations.

**004.9. Limitations of Knowledge:**

- Applicants shall recognize the limitations of their knowledge and expertise regarding medications and supplements and refer clients to appropriate healthcare professionals for comprehensive advice.

**004.10. Continuing Education:** Applicants shall engage in ongoing education to stay informed about developments in medications and supplements as they relate to CSL Therapy. See § 003.2.

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## 5 Regulation Number: CSL-RGB-005. Ethical Conduct.

**005.1. Professional Integrity:**

- Applicants shall conduct themselves with integrity, honesty, and transparency in all professional interactions, upholding the highest ethical standards.

**005.2. Client-Centered Care:**

- Applicants shall prioritize the well-being and best interests of clients, providing care that is client-centered, respectful, and culturally sensitive.

**005.3. Ethical Informed Consent:**

- Applicants shall obtain informed consent from clients before any treatment, ensuring that clients fully understand the treatment process, potential risks, benefits, and alternatives.

**005.4. Ethical Privacy and Confidentiality:**

- Applicants shall maintain the privacy and confidentiality of client information, including medical records and personal details, in compliance with applicable laws and regulations.

**005.5. Respect for Autonomy:**

- Applicants shall respect the autonomy and decision-making capacity of clients, supporting their right to make informed choices about their treatment.

**005.6. Professional Boundaries:**

- Applicants shall establish and maintain appropriate professional boundaries with clients, avoiding dual relationships or conflicts of interest that may compromise client care.

**005.7. Avoiding Harm:**

- Applicants shall take all reasonable measures to avoid causing harm to clients, including avoiding any practice that may exacerbate a client's condition or create undue risk/trauma;
- This includes but is not limited to performing the incorrect treatments; using incorrect devices; perpetuating incorrect outdated techniques on clients overloading their lymphatic system and valves, encouraging them to function in a faulty manner.

**005.8. Cultural Competence:**

- Applicants shall demonstrate cultural competence, respecting the diverse backgrounds, beliefs, and values of clients, and tailoring care to individual needs. See §§ 009, 0024.2.

**005.9. Truthful Representation:**

- Applicants shall provide accurate and truthful information to clients regarding their qualifications, certifications, and capabilities.

**005.10. Non-Discrimination:**

- Applicants shall not discriminate against clients based on race, ethnicity, gender, sexual orientation, religion, or any other protected characteristic.

**005.11. Reporting Ethical Violations:**

- Applicants shall promptly report any ethical violations or industry concerns to CSL Therapy for appropriate investigation and action.

**005.12. Continuous Ethical Reflection:**

- Applicants shall engage in continuous ethical reflection, seeking opportunities for self-improvement and ethical growth in their practice.
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## 6 Regulation Number: CSL-PB-006. Professional Boundaries.

### **006.1. Dual Relationships:**

- Applicants shall operate with the highest integrity in seeking to avoid dual relationships that compromise the objectivity or integrity of the therapeutic relationship. This includes refraining from engaging in personal, financial, or intimate relationships with clients [while in treatment].
- If dual roles are unavoidable, they shall take measures to minimize conflicts of interest and protect client welfare.

### **006.2. Personal Disclosure:**

- Applicants shall exercise discretion when sharing personal information with clients, disclosing only what is necessary for the therapeutic relationship and avoiding self-disclosure that may distract from the client's needs.

### **006.3. Avoiding Exploitation:**

- Applicants shall not exploit clients in any manner, including financially, emotionally, or sexually. They shall maintain clear boundaries to prevent such exploitation.

### **006.4. Gift and Gratuity Policy:**

- Applicants shall have a clear policy regarding gifts or gratuities from clients, ensuring that any accepted gifts are nominal, do not create a sense of indebtedness, and are within ethical guidelines.

### **006.5. Physical Boundaries:**

- Applicants shall establish and maintain appropriate physical boundaries during treatment sessions, ensuring client comfort and safety.

### **006.6. Social Media and Online Presence:**

- Applicants shall maintain professional boundaries on social media and online platforms, refraining from engaging in personal or inappropriate interactions with clients through digital channels.
- BAA Therapists shall only share content of clients whom signed a media release form.

### **006.7. Confidentiality Boundaries:**

- Applicants shall uphold client confidentiality and shall not share client information or discuss identifying case details outside of professional settings unless required by law or with the client's informed consent.
- Applicants may use client case data for educational or training purposes only when all identifying details have been removed. Case studies must be fully redacted to protect confidentiality, and any photos shared shall exclude faces, names, or unique identifying marks unless the client has provided specific written consent.

### **006.8. Conflict of Interest:**

- Applicants shall avoid conflicts of interest that could compromise their ability to act in the best interests of the client.
- Conflicts of interest must be avoided in teaching, including instructing courses for inappropriate or personal gain. Therapists must have a minimum of six months of clinical experience following successful completion of an accredited CSL Therapy Foundational course before teaching any of the three regulated CSL Therapy modalities. Instructors must also meet the requirements of the CSL Therapy Advanced Scholastic Trainers (AST) Program. See §§ 034, 046.

**006.9. Respect for Autonomy:**

- Applicants shall respect the autonomy and decision-making capacity of clients, refraining from exerting undue influence or coercion.

**006.10. Supervision and Consultation:**

- Applicants should seek supervision and consultation when facing challenging ethical dilemmas, ensuring that they receive guidance to maintain professional boundaries.

**006.11. Maintaining Objectivity:**

- Applicants shall maintain objectivity in their interactions with clients, avoiding biases or favoritism.

**006.12. Documented Consent:**

- Applicants shall obtain documented informed consent for any non-standard or unconventional treatments or procedures, ensuring that clients are fully aware of the nature of the intervention. See § 002.1.

**006.13. Reporting Professional Boundary Violations:**

- Applicants shall promptly report any violations or breaches of professional boundaries to CSL Therapy for appropriate investigation and action.

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## 7 Regulation Number: CSL-RGB-007. Reporting Unsafe Practice and Abuse/Neglect

**007.1. Reporting Unsafe Practice:**

- Applicants shall promptly report any unsafe, unethical, or substandard practice related to CSL Therapy treatments that they witness or become aware of to CSL Therapy.
- This includes practices that may jeopardize client safety, health, or welfare— inclusive of teaching non-accredited classes, courses, guidelines, standards, and techniques to other healthcare professionals. See §§ 034, 046.

**007.2. Duty to Protect:**

- Applicants have a duty to protect clients and stakeholders from harm. If they have reason to believe that a client or stakeholder is at risk of harm due to unsafe practices or conditions, they shall take appropriate reporting actions to ensure their safety.

**007.3. Confidential Reporting:**

- Applicants shall be able to report unsafe practices and concerns confidentially, without fear of retaliation or retribution, to CSL Therapy or the appropriate regulatory authorities.

**007.4. Abuse and Neglect Reporting:**

- Applicants shall be mandatory reporters of abuse and neglect, and they shall promptly report any suspected cases of abuse, neglect, or exploitation of clients or stakeholders to the appropriate authorities as required by law.

**007.5. Documentation:**

- Applicants shall document any concerns, observations, or incidents related to unsafe practices, abuse, or neglect, maintaining accurate and confidential records.

**007.6. Cooperation with Investigations:**

- Applicants shall cooperate fully with any investigations conducted by CSL Therapy or relevant authorities regarding unsafe practices, abuse, or neglect.

**007.7. Non-Retaliation:**

- Applicants shall not engage in retaliation against individuals who report unsafe practices, abuse, or neglect in good faith.

**007.8. Whistleblower Protection:**

- Applicants shall be protected under whistleblower laws and regulations, and CSL Therapy shall not take adverse actions against individuals for making good-faith reports.

**007.9. Reporting to Authorities:**

- Applicants shall be aware of and comply with their legal obligations regarding reporting abuse and neglect to the appropriate authorities in their jurisdiction.

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## 8 Regulation Number: CSL-RGB-008. Documentation.

**008.1. Client Information:**

- Applicants shall maintain complete and up-to-date client records that include the client's personal information, medical history, contact details, and any relevant demographic data.

**008.2. Client Assessments:**

- Applicants shall document thorough client assessments, including the client's health history, current conditions, injuries, and any specific concerns or goals for the treatment session.

**008.3. Treatment Plans:**

- Applicants shall develop individualized treatment plans for each client, outlining the treatment goals, techniques to be used, and any modifications based on the client's condition.

**008.4. Treatment Progress:**

- Applicants shall document the progress of each treatment session, including observations, client feedback, techniques applied, pressure used, and any changes in the client's condition during the session.

**008.5. Adverse Events:**

- Applicants shall document any adverse events, complications, or unexpected client reactions during or after treatment sessions, along with the actions taken in response.

**008.6. Communication:**

- Applicants shall document any communication with the client, including phone calls, emails, or in-person discussions related to their treatment or progress.

**008.7. Client Education:**

- Applicants shall document any educational information provided to the client, including post-session care instructions, exercises, or lifestyle recommendations.

**008.8. Timeliness:**

- Applicants shall document client information, assessments, and session notes in a timely manner, preferably immediately after each session to ensure accuracy.

**008.9. Signature and Date:**

- Applicants shall sign and date all client records, treatment plans, and session notes to indicate their authorship and the date of documentation.

**008.10. Trainer Assessment Documentation**

- Educators within the Body Altering Aesthetics industry must maintain documentation compliance of all foundational, supplemental, and core classes. All attendees must complete and post courses assessment to test their knowledge, as well as complete a course review that is to be submitted to the CSL Therapy Council to maintain course and organization accreditation.
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## 9 Regulation Number: CSL-RGB-009. Cultural Competence.

### **009.1. Cultural Awareness:**

- Applicants shall maintain awareness of and respect for cultural diversity, recognizing that clients may come from various backgrounds, beliefs, and values.

### **009.2. Respect for Differences:**

- Applicants shall treat all clients with respect, regardless of their cultural, ethnic, or religious background, and shall avoid any form of discrimination or bias.

### **009.3. Tailored Care:**

- Applicants shall tailor their CSL Therapy treatments to meet the individual needs and preferences of each client, taking into consideration their cultural beliefs and practices.
- Therapists will also stay diverse in their cultural education on a physiological level, understanding different demographics may have a diverse healing journey based on ethnicity, race, cultural climate, and genetics.

### **009.4. Communication Sensitivity:**

- Applicants shall communicate with clients in a culturally sensitive manner, using language and terminology that respects the client's cultural context.

### **009.5. Inclusive Practices:**

- Applicants shall create an inclusive and welcoming environment that respects and celebrates cultural diversity, ensuring clients feel comfortable and valued.

*Note: Cultural awareness and sensitivity does not supersede a provider's personal or religious beliefs. Providers retain the right to decline a client based on their acknowledged values. This must be done in a tactful nondiscriminatory way where it is not a personal attack or grievance against any one persons.*

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## 10 Regulation Number: CSL-RGB-010. Conflict of Interest.

### **010.1. Definition of Conflict of Interest:**

- A conflict of interest exists when a certificant or licensee has a personal, financial, or professional interest that could influence, or reasonably appear to influence, the impartial and objective provision of CSL Therapy treatments.

### **010.2. Disclosure Obligation:**

- Applicants shall proactively identify and disclose any potential or actual conflicts of interest to CSL Therapy, clients, and/or relevant stakeholders in a timely and transparent manner.

#### **010.3. Examples of Conflicts of Interest:**

- Applicants shall be aware of various scenarios that may lead to conflicts of interest, including but not limited to financial investments, personal relationships, referrals, or dual roles with clients.

#### **010.4. Client's Best Interests:**

- Applicants shall always prioritize the best interests of the client when a conflict of interest arises, ensuring that client care is not compromised.

#### **010.5. Financial Relationships:**

- Applicants shall disclose any financial relationships or interests, including investments, partnerships, or affiliations, that could reasonably be perceived as a conflict of interest.
- AST applicants shall avoid entering into teaching and educational positions driven by profits over purpose and efficacy. Trainers shall only provide courses they are qualified to teach and not start teaching courses simply because they are profitable without meeting all necessary requirements for providing body altering continuing educational resources.

#### **010.6. Referrals and Recommendations:**

- Applicants shall provide referrals and recommendations to clients based on the client's best interests and needs, rather than personal gain or benefit.

#### **010.7. Transparency and Documentation:**

- Applicants shall maintain transparency in all dealings related to conflicts of interest and shall document all disclosures and actions taken to manage conflicts.

#### **010.8. Recusal:**

- Applicants shall recuse themselves from any decision-making or actions that may be influenced by a conflict of interest and shall delegate responsibilities to an impartial party when necessary.

#### **010.9. Regular Training Conflict of Interest Training:**

- Applicants shall undergo regular training and education on conflict of interest awareness and management to enhance their understanding and compliance.

#### **010.10 Continuing Education & Advanced Scholastic Training:**

- Educational providers, teachers, and trainers in the Body Altering Aesthetics industry shall avoid conflicts of interest while providing educational resources to other healthcare providers. This includes not teaching before 6 months of completing a CSL Therapy accredited foundational course.
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## 11 Regulation Number: CSL-RGB-011. Professional Appearance.

### **011.1. Definition of Professional Appearance:**

- Professional appearance refers to the attire, grooming, and overall presentation of Applicants when delivering CSL Therapy treatments. It encompasses clothing, accessories, personal hygiene, and conduct.

### **011.2. Healthcare Attire Standards:**

- Applicants shall adhere to healthcare attire standards, which typically include wearing clean, solid-colored scrubs or medical uniforms. These garments shall be maintained in good condition, free from visible tears, stains, or excessive wear.

### **011.3. Non-Discrimination:**

- CSL Therapy is committed to fostering an inclusive and non-discriminatory environment. Applicants shall respect and accommodate diverse cultural and religious attire, provided that it does not compromise the safety or hygiene of CSL Therapy treatments.

### **011.4. Hygiene and Personal Grooming:**

- Applicants shall maintain excellent personal hygiene and grooming practices. This includes regular bathing, clean and trimmed nails, appropriate use of deodorant, and clean hair. Fragrance usage shall be minimal to avoid triggering allergies or sensitivities.

### **011.5. Hair and Facial Hair:**

- Hair shall be neat, clean, and secured to prevent it from coming into contact with clients during treatments. Hair should be pulled back, secured above the shoulders.
- If facial hair is present, it shall be groomed and maintained in a way that does not compromise the integrity of PPE usage.

### **011.6. Accessories:**

- Applicants shall limit the use of accessories and jewelry to items that do not pose a safety risk during CSL Therapy treatments. All accessories shall be free from sharp edges or protrusions.
- Applicants shall remove all bracelets during treatments to maintain proper hygiene and prevent interference with client care.
- Watches must be removed or fully covered with gloves to prevent contamination and ensure safe handling.
- Hoop earrings and large or dangling jewelry must be removed; if worn, earrings must be smaller than one inch and secured to prevent injury.
- Rings must be removed or fully covered to maintain hygiene and avoid accidental contact with the client.

### **011.7. Footwear:**

- Appropriate footwear shall be worn, such as closed-toe, non-slip shoes designed for healthcare settings. Footwear shall be clean and well-maintained.

- PPE footwear should be employed when working on Incisional clients, or clients receiving nonsurgical sculptice treatments.

#### **011.8. Compliance with Safety Protocols:**

- Applicants shall comply with BAA safety protocols as developed by the Commission of Aesthetic Health Safety, including the use of personal protective equipment (PPE) when required, such as gloves, masks, or gowns. See § 029.

#### **011.9. Cultural and Religious Accommodation:**

- CSL Therapy regulations shall accommodate applicants who require modifications to their attire or appearance due to cultural or religious beliefs, provided that such modifications do not compromise safety or hygiene.

#### **011.10. Client Comfort:**

- Applicants shall prioritize client comfort and well-being, ensuring that their attire and appearance contribute to a professional and reassuring treatment environment. Their clothing should be nonrestrictive to ensure body mechanics safety of both practitioner and client.

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## 12 Regulation Number: CSL-RGB-012. Emergency Response.

#### **012.1. Emergency Preparedness:**

- Applicants shall maintain readiness for potential medical emergencies during CSL Therapy treatments by having access to appropriate emergency equipment and supplies.

#### **012.2. Client Monitoring:**

- Applicants shall continuously monitor clients during treatment sessions for any signs of distress, discomfort, or altered consciousness, including changes in skin color, heart rate, or respiratory distress.

#### **012.3. Unconscious Client:**

- If a client loses consciousness during a treatment session, Applicants shall follow these steps:
  - Safely end the session immediately.
  - Ensure the client is in a supine position with their head elevated if possible.
  - Check for breathing and a pulse.
  - If the client is not breathing or does not have a pulse, initiate cardiopulmonary resuscitation (CPR) following established protocols.
  - Summon emergency medical services (EMS) or 911 for immediate assistance.
  - Continue CPR until EMS arrives or until the client regains consciousness.
  - If the client is breathing, waft an alcohol wipe under their nose and/or place a cold compress on the back of their necks.

#### **012.4. Hemorrhaging or Severe Health Emergency:**

- If a client experiences severe hemorrhaging, prolonged unconsciousness, or another severe health emergency, Applicants shall:
  - Safely end the session immediately.
  - Apply direct pressure to control bleeding if applicable.
  - Summon EMS or 911 for immediate assistance.
  - Administer first aid as trained and within their scope of practice.
  - Provide accurate and detailed information to EMS personnel upon arrival.
  - Notify CSL Therapy of the incident as soon as it is safe to do so.

#### **012.5. Equipment and Supplies:**

- Applicants shall maintain emergency equipment and supplies, including a first-aid kit, AED (Automated External Defibrillator) if applicable, and emergency contact information, in their treatment area.

#### **012.6. CPR Training:**

- Applicants shall maintain current certification in CPR and basic life support (BLS) to ensure proper response in emergencies.

#### **012.7. Regular Drills and Training:**

- CSL Therapy shall conduct regular emergency response drills and training to ensure that Applicants are well-prepared to handle emergencies.

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## 13 Regulation Number: CSL-RGB-013. Scope of Practice.

#### **013.1. Definition of Scope of Practice:**

- Applicants shall practice within the defined scope of CSL Therapy for their chosen levels of certification, which encompasses the provision of Body Altering Aesthetics treatments that include Convalescent Synergistic Lymphatics (CSL) techniques. This scope is defined by CSL Therapy's regulations, guidelines, and accredited educational standards.

#### **013.2. Adherence to Standards of Care:**

- Applicants shall adhere to CSL Therapy's established Medical Standards of Care for all BAA treatments and services provided, ensuring the highest level of safety and client welfare.

#### **013.3. Treatment Modalities:**

- Applicants may utilize the treatment modalities taught and authorized by CSL Therapy, including but not limited to Incisional Sciences, PostOp-Indur, and Body Bioengineering Contouring, within their scope of practice.

#### **013.4. Medical Diagnoses and Prescriptions:**

- Applicants shall not diagnose medical conditions or prescribe medication or medical treatments. Clients requiring medical attention or diagnoses shall be referred to licensed healthcare professionals.

#### **013.5. Continuing Educational Unit teachings and trainings:**

- Educators in the Body Altering Aesthetics industry shall maintain compliance with CSL Therapy's Advanced Scholastic Training (AST) program to stay within scope of practice as pre, peri, and post surgical healthcare educators.
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## 14 Regulation Number: CSL-RGB-014. Patient Advocacy.

#### **014.1. Client-Centered Care:**

- Applicants shall prioritize client well-being and advocate for their best interests throughout the treatment process.

#### **014.2. Representation of Client Interests:**

- Applicants shall actively support and represent the client's needs and concerns, particularly in situations where the client may feel vulnerable, overlooked, or unable to self-advocate.
- Applicants shall take extra care to safeguard and advocate for clients who may be vulnerable due to language barriers, disability, cultural differences, or impaired decision-making capacity.

#### **014.3. Respect for Autonomy:**

- Applicants shall respect clients' autonomy and right to make decisions about their own care, including the choice to refuse or discontinue treatment.
- Applicants shall respect and support a client's right to seek a second opinion or additional medical input before continuing or modifying treatment.

#### **014.4. Communication:**

- Applicants shall maintain open and effective communication with clients, addressing their questions, concerns, and preferences.
- Applicants shall collaborate with other healthcare professionals, when appropriate, to ensure continuity of care and that the client's needs are fully addressed.

#### **014.5. Ethical Conduct:**

- Applicants shall conduct themselves ethically, advocating for clients' privacy, confidentiality, and overall well-being.
- Applicants shall advocate equally for all clients, providing care without bias related to age, race, gender, religion, socioeconomic status, or body type.

#### **014.6. Reporting Concerns:**

- Applicants shall report any concerns related to patient safety, misconduct, or violations of CSL Therapy regulations to the appropriate authorities and CSL Therapy as necessary.
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## 15 Regulation Number: CSL-RGB-015. Pressure Application.

### **015.1. Proper Pressure Application:**

- Applicants shall apply pressure during treatments, including techniques with or without devices, at a level that is appropriate and necessary to perform the service effectively and safely.
- Applicants shall consider anatomical structures, recent surgical sites, and tissue integrity when determining appropriate pressure levels.
- Devices used for pressure application must be calibrated, maintained, and operated according to manufacturer and CSL Therapy guidelines to ensure consistent and safe delivery.

### **015.2. Threshold for Neglect:**

- Application of pressure above the threshold required for the treatment, which may result in client discomfort, pain, or injury, shall be considered a form of neglect and is strictly prohibited.
- Applicants must discontinue treatment immediately if applied pressure results in visible unwarranted tissue trauma, compromised healing, or unexpected adverse response.

### **015.3. Client Comfort and Safety:**

- Applicants shall prioritize client comfort and safety when applying pressure, ensuring that clients do not experience excessive discomfort, pain, or adverse reactions during treatments.
- Applicants shall monitor clients for non-verbal signs of discomfort or distress, especially when clients are unable or hesitant to verbalize pain.
- Pain-numbing creams, ice, or other external modifiers shall not be used as a substitute for proper and safe pressure application.

### **015.4. Adjusting Pressure:**

- Applicants shall be attentive to client feedback and adjust pressure levels during treatments accordingly. Clients shall be encouraged to communicate their comfort levels.

*RGB last updated August 1, 2025*

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## 16 Regulation Number: CSL-RGB-016. Infection Control.

### **016.1. Adherence to Infection Control Protocols:**

- Certificants shall strictly adhere to CSL Therapy's infection control protocols and guidelines to prevent the transmission of infectious diseases.
- Certificants shall follow all state, federal, and organizational regulations in addition to CSL Therapy guidelines, applying whichever standard is most protective of client and provider safety.

#### **016.2. Hand Hygiene:**

- Certificants shall practice thorough hand hygiene by washing hands with soap and water for at least 20 seconds before and after client interactions or using an alcohol-based hand sanitizer with at least 60% alcohol.

#### **016.3. Personal Protective Equipment (PPE):**

- Certificants shall use appropriate personal protective equipment (PPE), including gloves, masks, face shields, gowns, and eye protection, as required during treatments to protect both themselves and clients.
- PPE must be donned and removed in the proper sequence to avoid cross-contamination and discarded immediately after use if disposable. See § 029.

#### **016.4. Environmental Hygiene:**

- Certificants shall maintain a clean and sanitary treatment environment, including the disinfection of all equipment, surfaces, and linens between clients. Single-use or disposable items shall be used when applicable.
- Equipment and treatment areas shall undergo terminal cleaning at the end of each day in addition to disinfection between clients.
- All disinfectants must be EPA-registered or otherwise approved for use in healthcare or bodywork settings.

#### **016.5. Client Screening:**

- Certificants shall screen clients for signs of infectious diseases or exposure to contagious conditions during their preliminary treatment evaluation, and may refuse treatment when necessary to protect the health of clients and providers.
- Screening should include a review of recent travel history, recent exposure to contagious illnesses, previous treatments, prior surgeries/trauma, and any active skin infections at or near treatment areas.

#### **016.6. Safe Disposal:**

- Certificants shall ensure the safe disposal of used needles, sharps, and other potentially hazardous materials in accordance with applicable regulations.
- Biohazardous waste must be segregated from general waste and stored in properly labeled, puncture-resistant, and leak-proof containers until disposal.

#### **016.7. Education and Training:**

- Certificants shall receive education and training on infection control measures and maintain up-to-date knowledge in this area.

#### **016.8. Reporting:**

- Certificants shall promptly report any suspected or confirmed cases of infectious diseases among clients or providers to the appropriate health authorities as required by law.

*RGB last updated August 1, 2025*

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## 17 Regulation Number: CSL-RGB-017. Domiciliary Environments Conversion

#### **017.1. Risk Assessment:**

- Applicants shall conduct a thorough risk assessment of the domiciliary environment to identify potential hazards, including biological risks, sharps, and contamination risks.
- Applicants shall refuse or discontinue domiciliary treatment if minimum CSL Therapy safety standards cannot be met, documenting the reason for refusal in the client record.

#### **017.2. Client Notification:**

- Applicants shall inform clients of the requirements for converting the domiciliary environment into a CSL Therapy PPE-safe space, including the need for client cooperation.

#### **017.3. Dedicated Space:**

- Applicants shall designate a specific area within the domiciliary environment for CSL Therapy treatments. This area should be separate from other living spaces and easily cleaned.
- Applicants shall follow CSL Therapy protocols for converting domicile environments into medically safe treatment spaces.
- Applicants shall not perform treatments in kitchens, bathrooms, or other areas where contamination risks cannot be adequately controlled.

#### **017.4. Environmental Preparation:**

- Applicants shall ensure that the designated space is free of clutter and personal items, promoting cleanliness and ease of cleaning.
- Applicants shall ensure that only treatment-related equipment and sanitized linens are present in the designated area during the procedure.

#### **017.5. Cleaning and Disinfection:**

- Applicants shall thoroughly clean and disinfect all surfaces in the designated space using appropriate disinfectants approved by CSL Therapy for biohazard control.
- Disinfectants used must be EPA-approved for healthcare or clinical settings, not general household cleaning agents.

**017.6. Ventilation:**

- Applicants shall ensure adequate ventilation in the designated space, including the provision of fresh air through open windows or proper ventilation systems.

**017.7. Personal Protective Equipment (PPE):**

- Applicants shall provide clients with appropriate disposable garments to be used— even if in their personal home; providers are to wear PPE equipment, such as disposable garments and masks during treatments. See § 029.

**017.8. Waste Disposal:**

- Applicants shall establish procedures for the safe disposal of biohazard materials, sharps, and used PPE in compliance with CSL Therapy’s guidelines.
- Applicants shall transport all biohazard and PPE waste off-site for proper disposal; waste may not be left in domiciliary trash receptacles.

**017.9. Hygienic Practices:**

- Applicants shall maintain strict hygienic practices, including hand hygiene, glove usage, and equipment disinfection during treatments.
- Applicants shall prohibit eating, drinking, or unrelated activities in the treatment space during the procedure.

*RGB last updated August 1, 2025*

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## 18 Regulation Number: CSL-RGB-018. Treatment Procedures.

**018.1. Client Assessment & Evaluation:**

- Applicants shall conduct a comprehensive client assessment before treatment to evaluate the client’s physical condition, medical history, and suitability for the requested service.
- Applicants shall screen for absolute and relative contraindications specific to each CSL modality (e.g., unmanaged infection, uncontrolled hypertension, or active clotting disorders).
- Applicants shall assess incision sites, tissue density, swelling, and skin integrity before treatment.
- Applicants shall record baseline measurements (e.g., circumference, fluid levels, photographic evidence, or palpation notes) to track treatment efficacy and progress; Photos and measurements are standard steps in client pre-treatment assessments; data shall be recorded in SOAP notes.

- Applicants shall document the client's reported pain levels and evaluate sensory function to detect nerve-related issues.

#### **018.2. Service Eligibility:**

- Applicants shall ensure that the client's physical presentation and health status align with the eligibility criteria outlined by CSL Therapy for each specific treatment procedure.
- Surgical procedure is not an automatic qualification for BAA Incisional or PostOp-Indur treatment; client needs may supersede CBAA scope of practice, requiring clients to be referred out.
- Nonsurgical clients need to be qualified before offering ongoing treatment plans in body cycles.

#### **018.3. Denial of Treatment:**

- Applicants shall deny treatment to clients who do not meet the eligibility criteria or whose physical presentation indicates a potential risk of harm during the procedure. This decision should be made in the interest of client safety.

#### **018.4. Informed Decision-Making:**

- Applicants shall communicate with clients regarding any denied treatments, explaining the reasons for the denial and discussing alternative options when available.

#### **018.5. Compliance with Standards of Care:**

- Applicants shall adhere to the treatment standards of care outlined by the Regulatory Governing Bureau for CSL Therapy, which are specific to the certification and licensure level of the provider and the chosen treatment modality.

#### **018.6. Equipment Readiness**

- Applicants shall inspect and prepare all equipment and supplies prior to treatment to ensure functionality, sterility, and compliance with CSL Therapy protocols.

#### **018.7. Time Management**

- Applicants shall perform treatments within the recommended timeframes for each modality to avoid overtreatment, tissue stress, or client harm.

#### **018.8. Post-Treatment Observation**

- Applicants shall observe clients for immediate post-treatment responses, documenting any adverse or unexpected reactions before discharge.
- Applicants shall provide clients with standardized CSL Therapy home-care instructions tailored to the specific treatment received; even if nothing is expected or should be done between treatments, this should be communicated to clients.

#### **018.9. Ongoing Treatment Planning**

- Applicants shall provide clients with an individualized recommended treatment plan following the initial session, outlining frequency, duration, and modality selection based on client presentation, response to treatment, goals, and overall health status.
- Applicants shall update the treatment plan as the client progresses, documenting observed tissue changes, healing benchmarks, and evolving client needs.
- Applicants shall discontinue or modify treatment if the client's presentation indicates adverse response, stagnation, or complications that require referral.

*RGB last updated August 1, 2025*

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## 19 Regulation Number: CSL-RGB-019. Supervision & Oversight.

### **019.1. Supervision for New Providers or Assistants:**

- New providers or assistants who have completed a BAA foundational program but have not yet received full board certification are expected to be placed under the direct supervision of a trained and board certified CSL Therapist for a minimum of one month (or 40 hours) before they are permitted to treat clients independently. Case studies are to be monitored and tracked. Supervision must be maintained until full board certification is obtained.
- Providers who have not completed a BAA foundational program and/or achieved board certification are not recommended to perform BAA treatments on clients, no matter preexisting regulated licensure.

### **019.2. Certification Requirement:**

- New providers or assistants are expected to achieve full board certification from CSL Therapy before they are authorized to treat clients independently and without direct supervision.
- Board certification can be achieved through the grandfathering pathway (when available) or through the new/future provider pathway.

### **019.3. Supervision Responsibilities:**

- Supervising CSL Therapists are responsible for closely monitoring and guiding new providers or assistants during their supervised period, ensuring that they adhere to CSL Therapy's standards of care and safety protocols.

### **019.4. Progress Assessment:**

- Supervising CSL Therapists shall conduct regular progress assessments of new providers or assistants under their supervision, providing feedback and guidance to facilitate their professional development.

### **019.5. Surgeon Oversight in Licensed Medical Facilities:**

- In a surgical or medical office or medspa setting, providers who have not achieved BAA industry board certification to perform incisional or postOp treatments may only perform BAA treatments if a licensed surgeon assumes full legal and professional responsibility of their actions; AND is physically present in the treatment room throughout the duration of the treatment, directly overseeing all actions of the provider or assistant. These treatments fall outside of massage therapy and the massage regulatory board does not govern these services for a provider to perform them; thus surgeon responsibility must be assumed for every provider offering these out of scope bodywork services.
  - The surgeon's assumption of responsibility without continuous presence in the room does not meet the requirements of this regulation.
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## 20 Regulation Number: CSL-RGB-020. Advertising and Marketing.

### **020.1. Truthful and Accurate Representations:**

- Applicants shall ensure that all advertising and marketing materials, including but not limited to websites, brochures, social media, and promotional content, provide truthful and accurate representations of their services, qualifications, scope jurisdictions, and capabilities.

### **020.2. Avoidance of Misleading Claims:**

- Applicants shall refrain from making misleading, false, or exaggerated claims about the outcomes or benefits of their treatments. All claims shall be supported by scientific evidence when applicable.

### **020.3. Transparent Pricing:**

- Applicants shall provide transparent pricing information for their services, including any potential additional fees or charges. Pricing should be clearly stated and easily accessible to clients.

### **020.4. Ethical Testimonials and Endorsements:**

- If using client testimonials or endorsements in advertising, applicants shall ensure that they are authentic and not misleading. Clients shall provide informed consent for the use of their testimonials.

### **020.5. Confidentiality and Privacy:**

- Applicants shall respect client confidentiality and privacy when using client information or images in advertising and marketing materials. Informed consent shall be obtained for such use.

### **020.6. Compliance with Regulatory Requirements:**

- Applicants shall comply with all local, state, and federal laws and regulations related to advertising and marketing in the Body Altering Aesthetics industry.

### **020.7. Professional Titles and Qualifications:**

- Applicants shall use professional titles and qualifications accurately and in a manner consistent with CSL Therapy’s guidelines. Misrepresentation of titles or qualifications is strictly prohibited.

#### **020.8. Integrity in Advertising:**

- CSL Therapy encourages applicants to uphold the highest standards of integrity in advertising and marketing, refraining from engaging in practices that may harm the reputation of the profession. See § 039.4.
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## 21 Regulation Number: CSL-RGB-021. Client Complaint Resolution.

#### **021.1. Client Complaint Handling:**

- Applicants shall establish a structured process for receiving, documenting, and addressing client complaints promptly and professionally. At no point shall a CBAA member publicly go back and forth with a client on social media or any other platform. Grievances shall be handled internally, directly, and promptly.

#### **021.2. Feedback Accessibility:**

- Applicants shall ensure that clients have access to designated complaint submission channels, which may include a complaint form, email, or phone line.

#### **021.3. Acknowledgment of Complaint:**

- Upon receiving a client complaint, applicants shall promptly acknowledge receipt and inform the client of the expected timeframe for resolution.

#### **021.4. Investigation and Resolution:**

- Applicants shall thoroughly investigate each client complaint, identifying the underlying issues and seeking a fair and reasonable resolution in accordance with BAA’s standards of care.

#### **021.5. Chain of Command:**

- In cases where complaints cannot be satisfactorily resolved at the initial level, applicants shall establish a clear chain of command for escalating issues to higher authorities within the organization or to CSL Therapy and then the department of health before reaching the state's attorney general's office.

#### **021.6. Client Communication:**

- Applicants shall maintain open and transparent communication with the complaining client throughout the resolution process, providing updates [as they become available] on the status of the complaint.

#### **021.7. Continuous Improvement:**

- CSL Therapy encourages applicants to use client complaints as opportunities for continuous improvement in service delivery and standards of care.
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## 22 Regulation Number: CSL-RGB-022. Client Education.

### **022.1. Informed Consent Process:**

- Applicants shall initiate an informed consent process with every client before the commencement of any treatment. This process shall include a detailed discussion of the potential risks, benefits, and expectations associated with the treatment. See § 002.

### **022.2. Treatment Explanations:**

- Applicants shall provide clients with clear and comprehensible explanations of the treatment procedures they plan to perform, including the purpose of the treatment and its expected outcomes.

### **022.3. Disclosure of Potential Risks:**

- Applicants shall inform clients of any potential risks, side effects, or adverse reactions associated with the chosen treatment, as well as any contraindications that may apply to the client.

### **022.4. Benefits and Expectations:**

- Applicants shall discuss the potential benefits of the treatment and set realistic expectations for outcomes based on the client's unique circumstances and physiologic presentation.

### **022.5. Alternative Options:**

- Applicants shall provide information about any alternative treatment options available to the client, along with a discussion of their relative advantages and disadvantages.

### **022.6. Client Acknowledgment:**

- Applicants shall obtain written acknowledgment from the client, confirming that they have received and understood the information provided during the client education process.

### **022.7. Ongoing Communication:**

- Applicants shall maintain open and ongoing communication with clients, encouraging them to ask questions and seek clarification at any point during their treatment journey.
- Additional details applicants should have awareness on to either educate or refer client out for:
  - Post-treatment home-care instructions
  - Showering and hygiene protocols
  - Wound care management and dressing changes
  - Posturing and positioning to support healing and tissue remodeling
  - Signs of infection, complications, or adverse reactions

- Pain management strategies
- Nutrition and hydration guidance
- Activity and mobility restrictions
- Use and care of compression garments, accessories, &/or supportive devices
- Expected timelines for healing, tissue remodeling, and results
- Red flags requiring medical escalation
- Scheduling and frequency of follow-up sessions
- Lifestyle modifications to maintain treatment outcomes
- Skin integrity, edema lymphatic vascular health, and tissue monitoring techniques

**022.8. Language and Accessibility:**

- Applicants shall make reasonable efforts to ensure that client education materials and discussions are accessible to clients with diverse language preferences and abilities.

**022.9. Journey Education:**

- Clients will be educated during their tenure with their providers about their procedure healing journey; they will receive content to help them retain results achieved in between treatments.

*RGB last updated August 1, 2025*

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## 23 Regulation Number: CSL-RGB-023. Quality Assurance and Improvement.

**023.1. Quality Assurance Program:**

- Applicants are recommended to establish and maintain a comprehensive Quality Assurance (QA) system designed to continuously monitor and evaluate the quality of their services provided.

**023.2. Regular Audits and Evaluations:**

- Applicants are recommended to conduct regular audits and evaluations of their practices, including treatments, documentation, client interactions, and adherence to CSL Therapy's standards of care. Recommended frequency: quarterly.

**023.3. Data Collection and Analysis:**

- Applicants are recommended to collect and analyze relevant data, such as client feedback, outcomes, and incident reports, to identify areas for improvement and make informed decisions.

**023.4. Corrective Action Plans:**

- If deficiencies or areas for improvement are identified through self audits and evaluations, applicants are recommended to develop and implement self corrective action plans to address these issues promptly.

#### **023.5. Continuous Improvement Culture:**

- CSL Therapy encourages applicants to foster a culture of continuous improvement, where all stakeholders are actively engaged in enhancing the quality of services.

#### **023.6. Professional Development:**

- CSL Therapy promotes ongoing professional development as a means to enhance quality assurance and improvement efforts. Applicants are encouraged to engage in relevant training and education.
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## 24 Regulation Number: CSL-RGB-024. Non-Discrimination.

#### **024.1. Non-Discrimination and Equal Treatment:**

- Applicants shall provide equal and unbiased treatment to all clients, irrespective of their race, color, ethnicity, nationality, religion, gender, sexual orientation, gender identity, age, disability, or any other protected characteristic.

#### **024.2. Cultural Competence:**

- Applicants shall strive to be culturally competent, seeking to understand and respect the cultural, religious, and social backgrounds of their clients to provide culturally sensitive care.
- Providers are expected to deliver care in a manner that is sensitive to cultural differences, avoids bias or stereotyping, and supports equitable treatment and informed decision-making.
- Cultural competence requires ongoing awareness, education, and adaptability to ensure that services align with each client's cultural context while maintaining professional and ethical standards. *See § 009.*

#### **024.3. Inclusive Language:**

- Applicants shall use inclusive and respectful language when communicating with clients, avoiding any form of discriminatory or derogatory speech.

#### **024.4. Respect for Client Autonomy:**

- Applicants shall respect and support the autonomy of clients, including their decisions regarding treatments, cultural practices, and personal beliefs.

#### **024.5. Accommodating Diverse Needs:**

- Applicants shall make reasonable efforts to accommodate the diverse needs of clients, including those with disabilities or language barriers, to ensure equal access to care.

#### **024.6. Confidentiality and Privacy:**

- Applicants shall maintain the confidentiality and privacy of all clients, regardless of their background, and shall not disclose any client information without proper authorization.

#### **024.7. Reporting Discrimination:**

- Applicants shall promptly report any instances of discrimination or biased behavior observed within the profession to CSL Therapy for review and action.

#### **024.8. Continuous Cultural Competence:**

- CSL Therapy encourages applicants to engage in ongoing education and training to enhance their cultural competence and sensitivity.

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## 25 Regulation Number: CSL-RGB-025. Record Retention.

#### **025.1. Retention Period:**

- Applicants shall retain client records, including but not limited to intake forms, treatment notes, progress reports, and any other relevant documentation, for a minimum of five (5) years from the date of the last treatment session.

#### **025.2. Confidentiality and Security:**

- Applicants shall ensure that client records are kept confidential and secure at all times, with access restricted to authorized personnel only.

#### **025.3. Compliance with Privacy Laws:**

- Applicants shall comply with all applicable privacy laws, including the Health Insurance Portability and Accountability Act (HIPAA), when handling and retaining client records.

#### **025.4. Protected Health Information (PHI):**

- Applicants shall take appropriate measures to protect the confidentiality of all Protected Health Information (PHI) contained within client records.

#### **025.5. Electronic Records:**

- If client records are maintained electronically, Applicants shall implement security measures, including encryption and password protection, to prevent unauthorized access.

#### **025.6. Accessibility of Records:**

- Applicants shall ensure that client records are accessible to clients upon request in accordance with applicable laws and regulations.

#### **025.7. Destruction of Records:**

- Applicants shall have a secure and verifiable method for the destruction of client records at the end of the retention period to protect client confidentiality.

#### **025.8. Reporting Breaches:**

- Applicants shall promptly report any breaches of client record confidentiality to CSL Therapy and affected clients in compliance with legal requirements.

#### **025.9. Continuous Compliance:**

- CSL Therapy encourages applicants to remain current with changes in privacy laws and regulations related to record retention.
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## 26 Regulation Number: CSL-RGB-026. Internal Conflict Resolution.

#### **026.1. Conflicts Resolution Procedure:**

- Applicants shall implement a clear and documented conflict-resolution procedure to address conflicts or disputes that may arise among BAA Therapists, surgeons, allied health professionals, or within the organization.

#### **026.2. Timely Reporting:**

- All parties involved in a major conflict that cannot be resolved internally or through self mediation shall report the conflict to the appropriate committee within CSL Therapy, ensuring that conflicts are addressed in a timely manner.

#### **026.3. Neutral Mediation:**

- CSL Therapy encourages the use of neutral mediation as a means to resolve conflicts impartially and efficiently.
- Mediators employed should be trained in conflict resolution and shall not have a vested interest in the outcome.

#### **026.4. Privacy and Confidentiality during conflict resolution:**

- Applicants shall maintain the privacy and confidentiality of all parties involved in a conflict during the resolution process, in accordance with applicable privacy laws.

#### **026.5. Client Satisfaction Focus:**

- In conflicts involving clients, the primary focus shall be on ensuring client satisfaction and addressing their concerns promptly and professionally.

#### **026.6. Documented Resolution:**

- Applicants shall maintain records of all conflict resolution efforts, including the steps taken, outcomes, and any agreements reached.

**026.7. Non-Retaliation:**

- CSL Therapy strictly prohibits retaliation against any individual involved in a conflict resolution process for raising concerns or participating in resolution efforts.

**026.8. Continuous Improvement:**

- CSL Therapy encourages applicants to engage in continuous improvement efforts related to conflict resolution skills and techniques.
- 

**27 Regulation Number: CSL-RGB-027. Equipment and Facility Safety.****027.1. Device Maintenance:**

- Applicants shall establish a routine maintenance schedule for all devices (tools, equipment, machines) and non-kinetics used in BAA treatments. Maintenance shall be conducted by trained personnel (as applicable) to ensure equipment reliability and safety.

**027.2. Calibration Procedures:**

- Applicants shall follow manufacturer-recommended calibration procedures for any equipment that requires calibration to maintain accurate and safe operation.
- Applicants should note when devices are no longer functioning properly to remove them from client treatment applications.

**027.3. Safety Inspections:**

- Regular safety inspections of treatment facilities, including treatment rooms, shall be conducted to identify and address potential hazards.

**027.4. Emergency Equipment:**

- BAA treatment facilities shall be equipped with appropriate emergency equipment, including first aid kits and AEDs (Automated External Defibrillators), and personnel shall be trained in their use.

**027.5. Electrical Safety:**

- Applicants shall ensure that all electrical equipment is in good working order, with no exposed wires or hazards. Ground fault circuit interrupters (GFCIs) shall be used where required by electrical codes.

**027.6. Fire Safety:**

- Treatment facilities shall have fire safety measures in place, including fire extinguishers, smoke detectors, and clearly marked emergency exits. Fire evacuation plans shall be posted.

**027.7. Hazardous Materials:**

- Applicants shall safely store and handle any hazardous materials or substances used in treatments, following all applicable safety regulations and guidelines.

**027.8. Infection Control:**

- CSL Therapy treatment facilities shall implement infection control measures, including proper sterilization and disinfection protocols, to prevent the spread of infections.

**027.9. Compliance with Regulatory Standards:**

- Applicants shall ensure that equipment and treatment facilities comply with all relevant regulatory standards, codes, and guidelines related to safety.

**027.10. Emergency Preparedness:**

- CSL Therapy encourages certificants to have emergency preparedness plans in place, including procedures for responding to medical emergencies that may occur during treatments.
- 

**28 Regulation Number: CSL-RGB-028. Cross Lateral Scope of Practice for Different Levels of Certification.**

**028.1. Responsibilities and Limitations:**

- Applicants at each certification level shall perform only those services and techniques for which they have received training, have demonstrated competency, and/or are certified in.
  - Bodyworkers and healthcare professionals shall not perform services or techniques that are outside their scope of practice or exceed the limitations of their certification level.
- 

**29 Regulation Number: CSL-RGB-029. Use of Protective Equipment.**

**029.1. PPE Requirements:**

- Applicants shall wear appropriate PPE during all BAA treatments to minimize the risk of infection and ensure a safe treatment environment. PPE may include, but is not limited to, gloves, masks, goggles, gowns, shoe covers, and face shields, as indicated by the nature of the treatment.

**029.2. PPE Training:**

- Certificants shall receive training on the proper selection, use, and disposal of PPE to ensure its effective use.

**029.3. PPE Availability:**

- BAA treatment facilities shall maintain an adequate supply of PPE, and CSL Therapists shall have ready access to the necessary PPE during treatments.

**029.4. Hygiene Practices:**

- Applicants shall adhere to rigorous hand hygiene practices, including handwashing before and after each treatment session and the use of hand sanitizer when handwashing is not feasible.

**029.5. Client PPE:**

- When applicable, clients should be provided with disposable protective garments to wear during treatments to minimize direct contact with their skin.
- At no time should clients ever be fully naked during BAA treatments; no matter client preference.

**029.6. Proper Disposal:**

- Used PPE shall be disposed of in accordance with recommended guidelines, following proper biohazard disposal procedures, and avoiding contamination of the treatment environment.

**029.7. Compliance with Infection Control:**

- Applicants shall adhere to CSL Therapy's infection control policies and procedures, which may include additional measures related to PPE usage.
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**30 Regulation Number: CSL-RGB-030. Follow-Up and Aftercare.****030.1. Post-Treatment Follow-Up:**

- Applicants shall establish a protocol for post-treatment follow-up with clients to assess their well-being, progress, and any potential complications or concerns. This follow-up may include phone calls, emails, or texts as needed.

**030.2. Client Support:**

- Applicants shall provide clients with ongoing support and guidance during work hours, addressing questions or concerns that may arise after a treatment session.
- Clients shall be provided with clear timeframes of work hour communication expectations.

**030.3. Aftercare Recommendations:**

- Applicants shall offer clients custom aftercare recommendations, not based on cookie cutter treatments or timelines.

**030.4. Documentation of Aftercare:**

- Applicants shall maintain detailed records of all aftercare recommendations provided to clients. This documentation shall be included in the client's records.

**030.5. Response to Treatment Complications:**

- In the event of complications or adverse reactions following a treatment, CSL Therapists shall promptly assess the situation and take appropriate action to address the issue according to *BAA Course of Action*. This may include referral to a medical professional if necessary.
- 

## 31 Regulation Number: CSL-RGB-031. Insurance and Liability.

### **031.1. Professional Liability Insurance Requirement:**

- Applicants shall obtain and maintain professional liability insurance coverage during their practice. The insurance policy shall provide coverage for BAA services and any potential liabilities arising from treatments. More than one policy may be required to fully cover all treatments depending on services offered through applicant's practice.

### **031.2. Proof of Insurance:**

- Applicants shall provide proof of current professional liability insurance to CSL Therapy upon certification renewal and with each renewal thereafter.

### **031.3. Maintaining Coverage:**

- Applicants shall maintain continuous coverage throughout their practice and ensure that their insurance policy remains in good standing.

### **031.4. Compliance Verification:**

- Applicants may require applicants to provide updated proof of insurance at any time to verify compliance with this regulation.
- 

## 32 Regulation Number: CSL-RGB-032. Adherence to Research Ethics.

### **032.1. Research Ethics Compliance:**

- Applicants engaging in research within the field of Body Altering Aesthetics shall comply with ethical standards set forth by The American Council of Body Altering Aesthetics (ACBAA) and any other widely accepted research ethics guidelines.

### **032.2. Participant Consent:**

- Applicants conducting research involving human participants shall obtain informed consent from all participants in a manner consistent with ethical principles. Participants shall be fully informed about the nature of the research, its purpose, potential risks, benefits, and their right to withdraw from the study at any time.

### **032.3. Research Design:**

- Applicants shall design and conduct research studies in an ethical manner, ensuring that research questions, methods, and procedures adhere to sound research principles and do not pose harm to participants.

#### **032.4. Research Data Handling and Confidentiality:**

- Applicants shall protect the confidentiality of research data and ensure that participant information is kept secure. Data collection, storage, and analysis shall be conducted with integrity and in compliance with relevant data protection laws.

#### **032.5. Research Reporting and Publication:**

- Applicants shall accurately report research findings and avoid any form of data manipulation or misrepresentation. Research results shall be disseminated in a transparent and responsible manner.

#### **032.6. Ethical Oversight in Research & Case study development:**

- Applicants may establish an ethical oversight committee or designate a responsible entity for their practice to review and approve research proposals to ensure compliance with ethical standards.

#### **032.7. Compliance Verification:**

- CSL Therapy may periodically request documentation of ethical approval for research studies conducted by BAA Therapists/Applicants.

#### **032.8. Course Citing Ethics:**

- All CSL Therapy courses taught through the AST Program must teach courses that include scholarly journal citations, accurate nomenclature, and claims that are supported by medical studies and references. Courses making claims and lacking research backing with sound science based data are not acceptable and violate research ethics rules.

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## **33 Regulation Number: CSL-RGB-033. Hands-off Treatment Protocols & Patient Abandonment.**

#### **033.1. Hands-Off Treatment Application:**

- Applicants shall ensure that clients undergoing hands-off treatment applications, such as treatments involving devices or equipment, are not left unattended for prolonged periods without a means of communicating discomfort, pain, or other needs.

#### **033.2. Timely Check-Ins:**

- Applicants shall conduct timely check-ins with clients during hands-off treatment applications to assess their comfort level, inquire about any concerns or discomfort, and provide assistance as needed. Check-ins shall occur at intervals not exceeding 5 minutes.

### **033.3. Communication Accessibility:**

- Applicants shall provide clients with a means of communication, such as a call button or other device, that allows them to signal for assistance or convey their needs during hands-off treatment applications.

### **033.4. Prompt Response:**

- Applicants shall respond promptly to any signals or calls for assistance from clients during treatment applications, ensuring that client needs are addressed without undue delay.

### **033.5. Patient Abandonment & Discharge:**

- Applicants shall not ignore or abandon clients once they are actively engaged in care. If the provider chooses to decline or discontinue future treatment for any reason, they must formally discharge the client, providing written notification and, when appropriate, referrals to another qualified provider to ensure continuity of care and avoid liability. See § 042.

*RGB last updated August 1, 2025*

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## **34 Regulation Number: CSL-RGB-034. Negligence.**

### **034.1. Standard of Care:**

- Applicants shall provide care that meets or exceeds the expected standard of care within the Body Altering Aesthetics industry.

### **034.2. Avoiding Harm:**

- Applicants shall take all reasonable measures to prevent harm or injury to clients under their care. This includes conducting thorough assessments, following safe and effective treatment protocols, and exercising diligence in client monitoring. This also includes teaching any CSL Therapy modality of the Body Altering Aesthetics industry without first applying to become a licensed Advanced Scholastic Trainer (AST) through CSL Therapy's AST program. All courses through the AST program must be accredited [either through CSL Therapy's review process or an outside source that can display a review of content efficacy] before courses may be taught to the general public or teaching provider, organization, or institution will be in compliance of negligence.

### **034.3. Professional Competence:**

- Applicants shall maintain and demonstrate a high level of professional competence, continually enhancing their skills and knowledge to ensure safe and effective client care.

### **034.4. Informed Decision-Making:**

- Applicants shall engage in informed decision-making by assessing client needs, obtaining informed consent, and providing clear explanations of treatments, potential risks, benefits, and alternatives.

#### **034.5. Reporting Adverse Incidents:**

- Applicants shall promptly report any adverse incidents or client injuries resulting from negligence to CSL Therapy Organization through the BCF. Reporting shall include a detailed account of the incident and steps taken for client support and resolution.

#### **034.6. Ongoing Training:**

- Applicants shall participate in ongoing training and professional development to stay current with industry best practices and to avoid negligent practices that may compromise client safety.
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### 35 Regulation Number: CSL-RGB-035. Fraudulent Billing.

#### **035.1. Billing Accuracy:**

- Applicants shall ensure that all billing, invoicing, and financial transactions related to their services are accurate, transparent, and in compliance with applicable laws and regulations.

#### **035.2. Service Representation:**

- Applicants shall accurately represent the services provided in all billing and financial transactions. Billing shall reflect the actual level and extent of care delivered to clients.

#### **035.3. Avoiding Exaggeration:**

- Applicants shall refrain from exaggerating the level of care provided or the benefits of their services in billing, marketing materials, or any financial transactions.

#### **035.4. Ethical Billing Practices:**

- Applicants shall adhere to ethical billing practices, which include not billing for services that were not provided, falsifying records, or engaging in any fraudulent billing practices.

#### **035.5. Transparency and Disclosure:**

- Applicants shall provide clients with clear and transparent billing information, including itemized invoices that detail the packages/services rendered and associated charges.

#### **035.6. Compliance with Regulations:**

- Applicants shall comply with all relevant billing regulations, including those established by CSL Therapy and any applicable local, state, and federal laws.

#### **035.7. Reporting Suspected Fraud:**

- Applicants who become aware of any suspected fraudulent billing activities, whether within their own practice or within CSL Therapy, shall promptly report such suspicions to CSL Therapy's regulatory authorities.

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## 36 Regulation Number: CSL-RGB-036. Diversion of Medications.

### **036.1. No Unauthorized Use:**

- Applicants shall not divert medications for personal use, resale, or any unauthorized purpose. Diverting medications for any reason other than client care is strictly prohibited.

### **036.2. Reporting Medication Loss:**

- Applicants who become aware of any loss, theft, or unauthorized use of medications shall promptly report the incident to CSL Therapy's regulatory authorities and take appropriate actions in accordance with state/federal regulatory guidelines.

*RGB last updated August 1, 2025*

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## 37 Regulation Number: CSL-RGB-037. Substance Abuse.

### **037.1. Substance-Free Practice:**

- Applicants shall provide client care while free from the influence of substances, including but not limited to alcohol, illegal drugs, and prescription medications that impair their ability to practice safely.

### **037.2. Reporting Impairment:**

- Applicants who become aware of other provider impairment due to substance use or suspect impairment in a colleague shall report the impairment to CSL Therapy Organization through the BCF and/or state regulatory authorities.

### **037.3. Assistance and Rehabilitation:**

- Applicants who seek assistance for substance abuse issues shall be encouraged to cease client treatment & access appropriate rehabilitation and support services.

### **037.4. Return to Practice:**

- Applicants who have sought assistance for substance abuse and completed a rehabilitation program shall not return to practice until they are determined to be fit to do so by a qualified healthcare professional and in accordance with regulatory guidelines.

### **037.5. Confidentiality:**

- Information related to a CSL Therapist's substance abuse treatment and rehabilitation shall be kept confidential, in accordance with applicable privacy laws and regulations.

### **037.6. Disciplinary Consequences:**

- Violation of this regulation, including practicing while impaired due to substance abuse, will result in disciplinary actions by CSL Therapy, including but not limited to certification or licensure suspension or revocation, in accordance with CSL Therapy's disciplinary policies and procedures.
- 

## 38 Regulation Number: CSL-RGB-038. Misappropriation of Patient Property.

### **038.1. Respect for Patient Property:**

- Applicants shall treat all patient property, including personal belongings and valuables, with respect and care during treatment sessions.

### **038.2. No Unauthorized Access:**

- Applicants shall not access, use, or handle patient property without the patient's explicit consent or a valid reason related to the treatment.

### **038.3. Informed Consent of Property Handling:**

- Prior to handling any patient property, applicants shall obtain informed verbal consent from the patient, explaining the reason for accessing their belongings and ensuring their understanding and agreement.

### **038.4. Safeguarding Belongings:**

- While in the presence of patient property, Applicants shall take all necessary precautions to safeguard the belongings from theft, loss, or damage.
- Note: Applicants are generally not responsible for protecting clients' personal property; however, a clear disclaimer addressing this should be included in the client treatment agreement.

### **038.5. Return of Property:**

- Applicants shall promptly return any patient property to the patient's custody upon the completion of the treatment session or as agreed upon with the patient.
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## 39 Regulation Number: CSL-RGB-039. Impersonation.

### **039.1. Accurate Representation:**

- Applicants shall accurately represent their credentials, qualifications, and professional status to clients, colleagues, and the public. They shall not engage in any form of impersonation or misrepresentation. This includes "AMBI MASSAGE" and using the correct words within marketing without the training and certification that aligns with treatments being provided to the general public.

### **039.2. Licensing and Certification Display:**

- Applicants shall prominently display their valid CSL Therapy certification or licensure (upon legislative confirmation) in their treatment area and provide clients with the opportunity to verify their credentials, if requested.
- CBAA members shall present each new client with their decree of proclamation of BAA jurisdiction. Before the start of their first appointment, each client will be required to sign BAA waivers featuring clinical disclaimers.

### **039.3. Truthful Communication:**

- Applicants shall provide truthful and accurate information about their education, training, and professional experience when asked by clients or other stakeholders.

### **039.4. Non-Misleading Advertising:**

- Applicants shall not engage in advertising practices that mislead or deceive clients, including false claims about their qualifications or professional status. See § 020.

### **039.5. Avoiding Unauthorized Practice:**

- Applicants shall not engage in activities or services that require a license or certification they do not possess, thereby avoiding unauthorized practice.

### **039.6. Reporting Impersonation:**

- Persons who become aware of any impersonation or misrepresentation related to their profession, whether by colleagues or others, shall promptly report such incidents to CSL Therapy's regulatory authorities.

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## **40 Regulation Number: CSL-RGB-040. Patient Neglect.**

### **040.1. Provision of Essential Care:**

- Patient neglect: The failure to provide appropriate attention, supervision, education, or care to a client within the provider's scope of practice, resulting in risk of harm, delayed recovery, or unmet essential needs.
- Applicants shall provide essential care to patients, including education on maintaining their hygiene, ensuring proper hydration, and addressing their questions of nutritional needs, as required within the scope of their practice. These are requirements, not suggestions as it is a huge part of CSL Therapy and their healing void of complications. See § 022.

### **040.2. Monitoring Patient Well-Being:**

- Applicants shall monitor patients' well-being and respond promptly to any signs of discomfort, distress, or decline in their physical condition during their treatment.

### **040.3. Hydration and Nutrition:**

- Applicants shall offer patients access to education on hydration and provide guidance on maintaining proper nutrition to support their recovery and overall well-being.
- Clients who display signs of extreme dehydration should be declined treatment until they receive medical clearance to return to BAA bodywork by a qualified physician.

**040.4. Other forms of patient neglect that should be avoided:**

- Failure to monitor observable signs.
  - Allowing clients to keep on street clothes or restrictive clothing during treatments that don't allow for proper lymphatic flow.
  - Improper positioning or posturing.
  - Ignoring comfort cues.
  - Inadequate aftercare instructions.
  - Delayed response to client needs.
  - Assuming client understanding without confirmation.
  - Overlooking mobility or accessibility needs.
  - Failure to document care provided.
  - Proceeding despite contraindications.
  - Dismissing client concerns or anxiety.
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41 Regulation Number: CSL-RGB-041. Physical or Verbal Abuse.

**041.1. Zero Tolerance for Abuse:**

- CSL Therapy, BCF, and the BAA industry have a zero-tolerance policy for any form of physical or verbal abuse directed toward patients, coworkers, or other healthcare providers. This includes in-person and virtual harassment.
- Should professionals have discrepancies, conflicts, or issues with a stakeholder within the industry, they should follow protocols as laid out in § 026.

**041.2. Professional Conduct to BAA stakeholders:**

- Applicants shall maintain professional conduct at all times, treating patients, colleagues, and others with courtesy, respect, and dignity.

**041.3. Patient Safety:**

- Applicants shall prioritize patient safety and well-being by refraining from any actions that may physically or emotionally harm patients.

**041.4. Colleague and Provider Respect:**

- Applicants shall treat colleagues and other healthcare providers with respect and professionalism, fostering a collaborative and supportive work environment.

**041.5. Reporting Abuse:**

- Applicants who witness or become aware of any instances of physical or verbal abuse, whether within their own practice or within CSL Therapy, shall promptly report such incidents to CSL Therapy's regulatory authorities.
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## 42 Regulation Number: CSL-RGB-042. Discharge.

### **042.1. Client-Centered Discharge:**

- Applicants shall prioritize the well-being and satisfaction of clients when determining the appropriate time for discharge. Clients may be discharged upon the completion of their treatment program, the inability to provide further treatment, or due to denial of services.
- Applicants shall ensure that the client understands the reasons and implications of the discharge.

### **042.2. Discharge Documentation:**

- When discharging a client, applicants shall provide written discharge documentation to the client. This documentation should include a summary of treatments completed, any recommendations for ongoing care, and guidance for maintaining results or recovery.

### **042.3. Premature Discharge:**

- In cases of premature discharge, where treatment is halted before the originally planned completion, applicants shall clearly communicate the reasons for the discharge to the client and provide appropriate release instructions.

### **042.4. Next Steps:**

- Applicants shall offer recommendations for the client's next steps, which may include referrals to other healthcare providers or guidance on post-treatment self-care practices.

### **042.5. Ethical Considerations:**

- Applicants shall conduct client discharges in an ethical and sensitive manner, always considering the best interests and well-being of the client.
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## 43 Regulation Number: CSL-RGB-043. Patient Privacy Breach.

### **043.1. Data Security:**

- Applicants shall take appropriate measures to safeguard patient health information, including secure storage and transmission of electronic records, and shall comply with all applicable data security laws and regulations.

### **043.2. Reporting Breaches:**

- Applicants who become aware of any unauthorized access to or sharing of patient health information shall promptly report such breaches to CSL Therapy's regulatory authorities and the affected patients.

#### **043.3. Patient Notification:**

- In the event of a privacy breach that may compromise patient health information, applicants shall notify affected patients as required by law and assist in mitigating any potential harm.
- 

## 44 Regulation Number: CSL-RGB-044. Inadequate Supervision of Assistive Personnel.

#### **044.1. Supervision of Assistive Personnel:**

- Applicants who work with unlicensed assistive personnel, such as assistants, trainees, mentees, apprentices, externs, or support staff, shall provide adequate supervision and oversight to ensure the safe and appropriate delivery of care. See § 019.

#### **044.2. Education and Training:**

- Applicants shall ensure that assistive personnel & mentees receive proper education, supervision, and training in the tasks and responsibilities they are assigned. This includes training in BAA/CSL Therapy techniques, client safety, and adherence to regulations.

#### **044.3. Scope of Practice of trainees/mentees:**

- Applicants shall ensure that assistive personnel work within their defined scope of practice and do not perform tasks or provide services that are beyond the shared training and qualifications (of provider and assistant).
- Mentees should not be entrusted with client case studies without oversight
- Clients should be fully informed of mentee status.

#### **044.4. Direct Oversight:**

- Applicants shall provide direct oversight of assistive personnel when they are involved in client care. This may include direct observation, guidance, and regular communication to ensure safe and effective care delivery.

#### **044.5. Delegation of Tasks:**

- Applicants shall delegate tasks to assistive personnel based on their competence and the specific needs of the client. Delegation shall be consistent with applicable state laws and regulations, and board certification.

#### **044.6. Responsibility for Outcomes:**

- Applicants shall remain ultimately responsible for the outcomes of care provided by assistive personnel and shall take appropriate action in the event of any deviations from established standards or client safety concerns.

**044.7. Regular Mentee Evaluation:**

- Applicants shall conduct regular evaluations of assistive personnel's performance to identify areas for improvement and ensure ongoing compliance with regulations.
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45 Regulation Number: CSL-RGB-045. Client Handoff Communication.

**045.1. Thorough Handoff Communication:**

- Applicants shall provide thorough and accurate handoff communication during shift changes, transfers of care, or any other situation where the responsibility for client care is transferred to another healthcare provider.

**045.2. Essential Information:**

- Handoff communication shall include essential information about the client's case study: condition, treatment plan, ongoing care recommendations, and any significant changes or incidents that occurred during the previous shift or session.

**045.3. Verbal and Written Communication:**

- Applicants shall use both verbal and written forms of communication to ensure that critical information is effectively conveyed. Written documentation should be clear, legible, and easily accessible to the receiving provider.

**045.4. Client Safety:**

- The primary focus of handoff communication is client safety. Applicants shall prioritize sharing information that is relevant to the client's safety and well-being.
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46 Regulation Number: CSL-RGB-046. Eligibility to Teach in The Body Altering Aesthetics Industry.

**046.1 Eligibility to Teach:**

- Healthcare professionals who have successfully completed a BAA/CSL Therapy accredited foundational program in Body Altering Aesthetics may be eligible to teach one of the three educational modalities within the industry.
- Eligible professionals are expected to secure an AST license. See §§ 006.8, 010.10, 034.2, 046.3.

#### **046.2 Waiting Period:**

- Healthcare professionals must wait a minimum of 6 months after receiving their own certification before they are eligible to teach a foundational class.

#### **046.3 Application for Advanced Scholastic Trainer (AST) Status:**

- After the 6-month waiting period, eligible individuals must apply for Advanced Scholastic Trainer (AST) status through CSL Therapy.

#### **046.4 Accreditation Process:**

- Individuals seeking to teach a foundational course must submit the course they intend to teach for CSL Therapy's accrediting review process.

#### **046.5 Compliance Requirement:**

- Failure to comply with this regulation will result in referral to the relevant state licensed medical board, the health department, and the state board of physicians. Violations may include, but are not limited to:
    - Medical negligence
    - Operating out of the scope of practice
    - Malpractice
    - Client endangerment
    - Conflict of interest
    - Incompetence
    - Public danger from teaching or certifying others without sufficient experience and expertise
    - Fraud
- 

## **47 Regulation Number: CSL-RGB-047. Accessibility and Disability.**

#### **047.1 Accessibility Standards:**

- All BAA/CSL Therapy educational programs, clinical environments, and certification processes must comply with federal and state accessibility standards, ensuring equitable participation for individuals with disabilities.

#### **047.2 Reasonable Accommodation:**

- Providers, facilities, and educators are required to make reasonable accommodations for students, staff, and clients with disabilities, unless doing so would create an undue hardship or compromise patient safety.

### **047.3 Patient Accessibility:**

- If a facility is not fully accessible, providers must inform clients prior to treatment and make reasonable accommodations to facilitate safe access, when possible.
- When accommodations cannot be provided safely, providers should offer referral to a certified provider at an accessible location.

### **047.4 Training Inclusion:**

- Individuals with disabilities are eligible to pursue certification in BAA/CSL Therapy modalities, provided they can demonstrate competence in required skills with or without introducing negligence through treatment application.
- Individuals who may not perform hands-on treatments safely or independently are still eligible to contribute to the field by:
  - Delivering didactic lectures
  - Developing tests, curricula, or educational materials
  - Supporting the field through legislative advocacy or policy development
- All contributions must uphold CSL Therapy's standards of safety, efficacy, and professionalism.

### **047.5 Non-Discrimination:**

- No student, provider, or client shall be denied participation in BAA/CSL Therapy programs or services based on disability status.

# Appendix

## Appendix A: State & Federal Law Integration Guide

This CSL Therapy regulatory framework is designed to operate within, not outside of, existing health and consumer protection laws. Providers must align CSL regulations with the following external legal frameworks:

1. **Privacy & Confidentiality (HIPAA or local equivalent):** All client records, communications, and treatment notes must comply with federal and state privacy laws.
2. **Professional Liability:** CSL Therapy certifications and board standards do not replace state malpractice or liability laws. Providers are expected to carry appropriate malpractice or liability coverage where applicable.
3. **Scope of Practice Laws:** CSL Therapy certifications establish competency within the Body Altering Aesthetics (BAA) industry. However, these certifications do not replace or fulfill any licensure requirements. Providers must hold the appropriate state-issued license to perform services legally restricted to licensed professions (e.g., nursing, esthetics, massage therapy, physical therapy). At the same time, state licensure jurisdiction does not extend into or restrict the BAA certification scope. Services and treatments defined under the BAA scope of practice are autonomous and remain separate from licensed professional scopes. Providers are required to keep these scopes clearly defined for clients and the general public.
4. **Mandatory Reporting:** All providers must follow state-mandated reporting laws for abuse, neglect, trafficking, or other threats to client welfare.
5. **Accessibility Laws (ADA in the U.S. or equivalent internationally):** Providers must ensure services meet accessibility standards or provide referrals where services cannot be delivered.
6. **Controlled Substances & Diversion Laws:** CSL Therapy providers are prohibited from distributing or prescribing controlled substances, and must comply with state and federal regulations regarding observation and referral when medication issues arise.

### Reference Tool:

- Providers are encouraged to keep a State Integration Sheet on file, summarizing CSL regulations alongside relevant state health department laws.

- CSL Org will provide template sheets for states where the Task Force is active.
- Where CSL regulations exceed state requirements, providers must follow CSL standards in full. Where state law is stricter, state law takes precedence.

# CBAA Candidate Agreements

When applying for and maintaining board certification with the Credentialing Body for the Body Altering Aesthetics Industry (CBAA), applicants agree to the following terms:

## 1. Scope Compliance

I will practice only within the defined scope of Body Altering Aesthetics as outlined by the CBAA standards, protocols, and clinical benchmarks.

## 2. Ethical Conduct

I agree to abide by the CBAA Code of Ethics and Professional Conduct, committing to honesty, safety, and respect in all client interactions.

## 3. Client Confidentiality

I will safeguard all client information, records, and communications, disclosing details only with the client's consent or when required by law. I will ensure that client privacy is maintained at all times, both during and after the professional relationship.

## 4. Ongoing Education

I will complete all required continuing education units (CEUs) and trainings as mandated for maintaining certification and staying current with industry standards.

## 5. Accurate Representation

I will accurately represent my certification status, credentials, and scope of practice to clients, employers, and regulatory bodies.

## 6. Complaint Cooperation

I will cooperate fully with any complaint or disciplinary process initiated by the CBAA or related regulatory entities and accept the outcomes or sanctions deemed necessary. Upon completion, should I find fault, I shall file to participate in an appeal process.

## 7. Reporting Requirements

I will promptly inform the CBAA of any changes to my professional status, including licensing actions, legal proceedings, or violations related to my practice.

## 8. Use of Credentials

I will use CBAA post-nominals and certification marks only while actively certified and in accordance with CBAA branding guidelines.

## 9. Data Privacy

I consent to the collection and publication of my certification status and relevant professional information in the CBAA public registry, in accordance with the Privacy Policy.

#### 10. Board Protection Limitations

I acknowledge that while CBAA provides scope clarification and professional support within the Body Altering Aesthetics field, certification does not cover treatments, services, or techniques that fall under well-established, regulated scopes of practice, nor does it authorize performance of invasive medical procedures.

#### 11. Accurate Professional Terminology

I agree to use precise and appropriate terminology when describing my services, avoiding terms such as “massage” which may cause regulatory confusion. Instead, I will refer to my work as “trauma remodeling bodywork,” “post-surgical bodywork,” or other terms consistent with CBAA standards and industry guidelines.

#### 12. Certification Renewal

I understand certification is valid for a defined period and must be renewed according to CBAA requirements, including submission of continuing education and fees.

#### 13. Termination of Certification

I acknowledge that failure to comply with these terms or the Code of Ethics may result in suspension or revocation of certification.

#### 14. Do No Harm Commitment

I agree to uphold the spirit of the Hippocratic Oath within the Body Altering Aesthetics field, affirming that “helping should never hurt.” I will prioritize client safety, avoid practices that cause unnecessary harm, and ensure all interventions are trauma-responsive, supportive, and guided by the principle of non-maleficence.

#### 15. Regulatory Compliance

I agree to stay current with all regulations, amendments, and policy updates governing the Body Altering Aesthetics industry and to ensure that my practice remains in full compliance with these requirements and evolving standards.